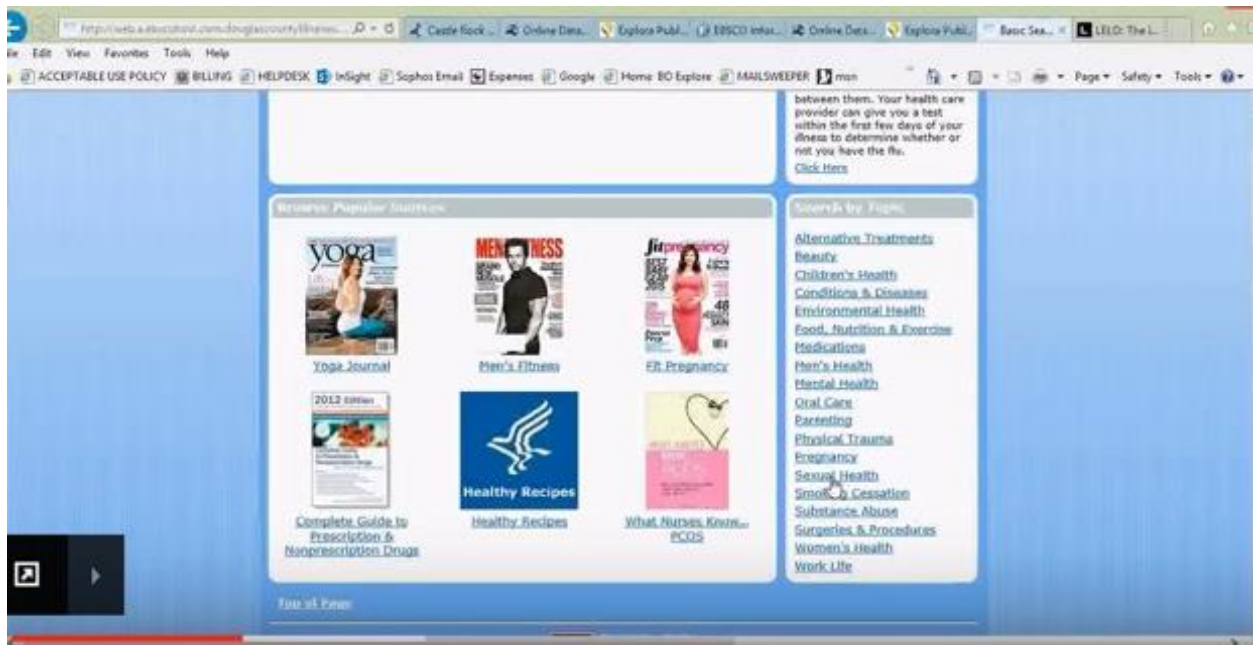


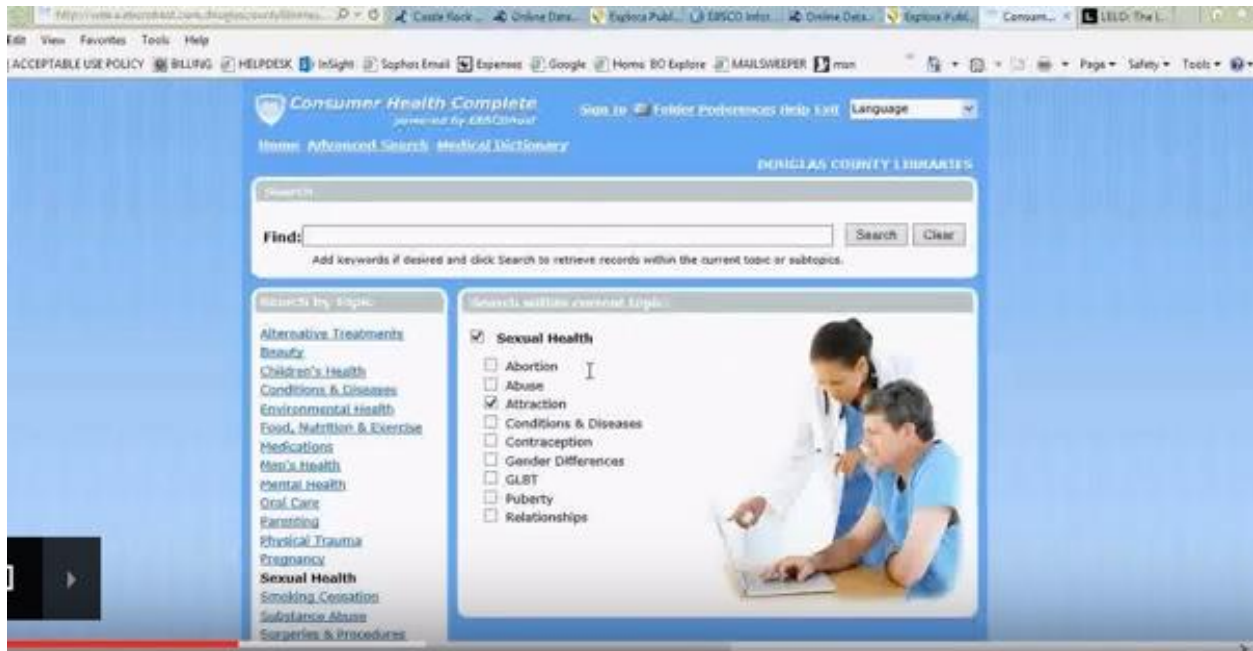
Consumer Health Reports on EBSCO 2018 and prior

Examples of Material Available To Middle School Users through the EBSCO product, Consumer Health Report:

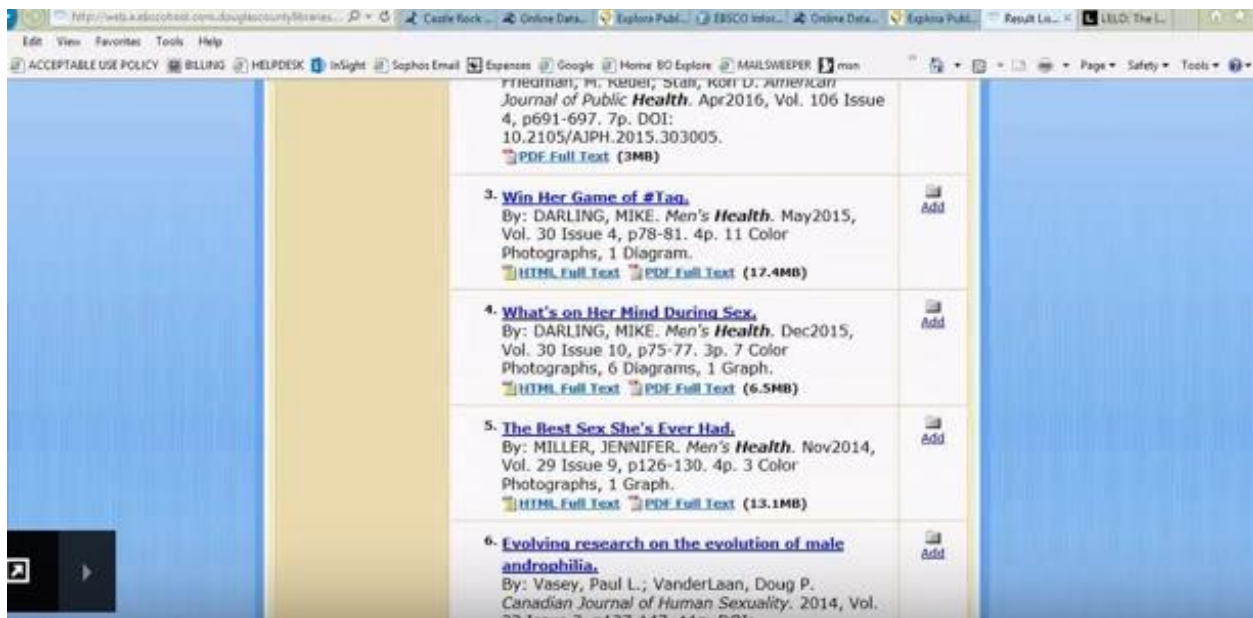
Here is a 7-minute video walk-through of what is available to Middle Schoolers through the "Sexual Health" filter in the EBSCO product, Consumer Health Report. Below are still shots taken from the video.

Login to the middle school EBSCO portal and then select "Consumer Health Reports" database. We clicked on "Sexual Health" category and then "Attraction" category.





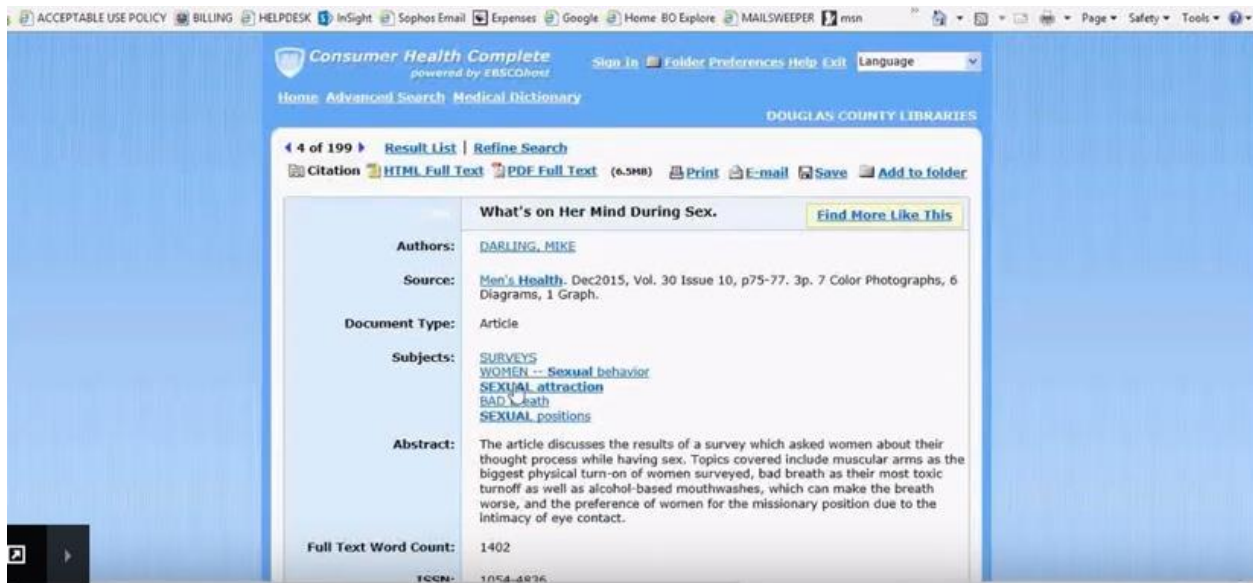
Here is a sampling of titles available on the first page of search results:



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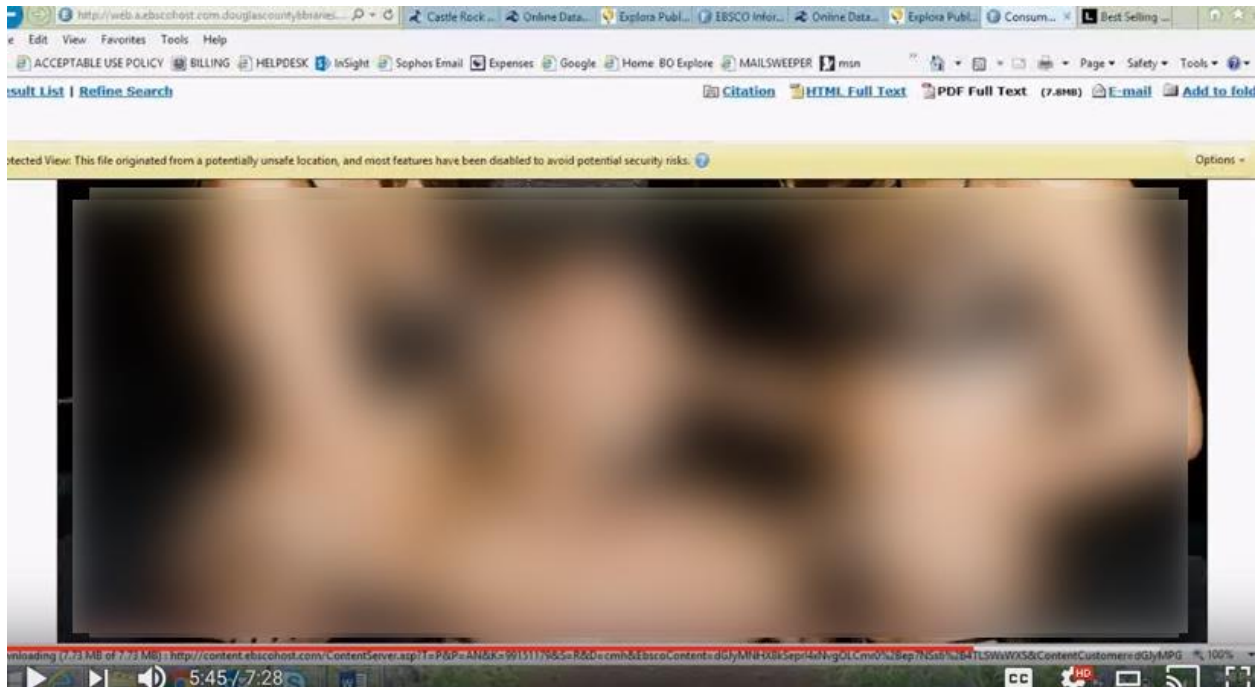


Note the other subject categories available when clicking on a specific article. None of these are able to be filtered out or restricted.



When clicking on the article *Tired of Dinner & a Movie*, middle schoolers are bombarded with BDSM images and language, as well as other instruction on sexual positions and fantasies.

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Tired of Dinner and a Movie?

More kinks in the bedroom can make it cool to go a little crazy—once you agree on what that means. BY CAROLYN KYLSTRA



YOU DON'T NEED HELP FROM CHRISTIAN GREY TO LIFT YOUR sex life to kinky new heights. "It's no longer fringe to talk openly about things like handcuffs or blindfolds," says Kristen Mark, Ph.D., director of the Sexual Health Promotion Lab at the University of Kentucky. The stigma has vanished—along with the ball gags. This is more creativity and spontaneity. "The more couples inject excitement into their relationships," Mark says, "the more their satisfaction level rises." Think you're ready? Answer true or false to the following statements, and find out just how much adventure lies ahead.

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ARE YOU A PERV?
LET DEBBY HERBENICK, Ph.D., MPH, MHS SEX ADVISOR, BE THE JUDGE.

I masturbate to Facebook photos of my coworker. DYLAN, BEAUMONT, TX. My guess is that it's not all that rare. Some men enjoy masturbating to ... masturbating to ...

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MISSIONARY
Position her legs straight up against your chest instead of on the bed. Then pull her legs gently upward as you move in. You'll have an easier time stimulating her clitoris and G-spot.
ANOTHER TWIST Scoot your body a little closer so that the base of your penis can stimulate her clitoris. And add some rocking to your thrusting.



WOMAN ON TOP
Prop yourself up at the head of the bed with pillows so she can hold onto the headboard for greater support. This position may make it easier for her to control the depth and rhythm.
ANOTHER TWIST Try gripping her legs

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<p>4/ Anal sex is no longer that big a deal between partners.</p> <p>TRUE. Surveys find the back door increasingly open: reasons include changing norms, the depiction of anal sex in pornography, and a greater willingness to admit to the behavior, says Kimberly McBride, Ph.D., an assistant professor of public health at the University of Toledo. In McBride's 2008 survey of heterosexual men, 18 percent said they'd had anal sex in the previous 30 days; in her more recent survey, 50 percent said they'd engaged in some type of anal sex</p>	<p>5/ People mostly agree on what is and isn't kinky.</p> <p>FALSE. One person's kink can be another's yawn. "For some people, woman-on-top is kinky," says Carol Queen, author of <i>Exhibitionism for the Shy</i>. Here's what we can agree on: A repertoire of just three or four sex positions no longer does the trick. So ease into kink—a new position, say, or sex in a new location. And props help, says New York City sex therapist Stephen Snyder, M.D. A scarf could be a blindfold or a soft restraint. "Anything to add a transgressive</p>	<p>6/ Plunch her as often as you're willing to be plunched.</p> <p>TRUE. The key to success is to enlist her as a fellow conspirator. "Good sex involves compromise," says Mark. "Shoot for an even split between giving and taking." Some people balk at role playing, dirty talk, and bondage because they fear they won't know what to do or say. Start with simple verbal fantasizing—that is, having sex while talking about more explicit acts. "You can talk about extreme things in this context," Queen says. "But it's perfectly safe, and</p>	<p>7/ You're probably going to wake up with a few marks.</p> <p>FALSE. Sure, some impact play, such as spanking, could have temporary side effects. The key is to know where to hit. "You want to be over flesh or muscle, not bone," says Queen. "Aim for the lower part of the butt; that engages more nerves and makes it more enjoyable." Other good spots to aim for: the shoulders and upper back, Queen says. Try a flogger, such as a cat-o'-nine-tails. Warm up the area before you strike, and avoid sensitive spots</p>
<p>1/ "Kinky" means your sex life feels like a Saw sequel.</p> <p>FALSE. Dabbling in deviance does not have to involve leather and nipple clamps. It's the newness and not the fear that's stimulating, says Gail Saltz, M.D., a sex therapist in New York City. "So if it's <i>Fifty Shades</i> you're after, you might put on some of the costumes, just to get a feel for it," she says. The most common kinks are the least freaky</p>	<p>2/ You need to be a little twisted to enjoy this stuff.</p> <p>TRUE. Well, kind of. Many people like a bit of rough play. In 2013, the sex toy company Lovehoney found that nearly three out of four customers had tied up a partner, one in five had used a gag, and one in six said bondage was part of their routine. But a more productive gauge of sexual success is if what you're doing makes</p>	<p>3/ You two must discuss new kinks before trying them.</p> <p>FALSE. But then again, it's never a bad idea to have a quick chat if you're rookies. Otherwise, just let it happen... but slowly. Simply being more playful in the bedroom can act as a catalyst. "Being flirtatious and dropping subtle hints can be better than jumping in all the way," says Marianne Brandon, Ph.D., a psychologist</p>	<p>voice on my car's GPS turns me on. LANE, SAN DIEGO, CA Not perverted, and not even accidental. Scientists (and yes, marketers) know all about the kinds of voices men and women prefer, how long the phrases they speak should be, and the optimal levels of high or low pitch that will draw you in. But if</p>

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When clicking on the article *What's on her mind during sex, middle schoolers are given links to pornographic websites, sex toy websites, and advice on sex positions and behaviors.*

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30%
Doggy-style

29%
Girl on top

21%
Missionary

6%
On your sides

0:45
"Damn, you look good in that T-shirt."
Given six choices, 30 percent of the *Women's Health* readers we surveyed said muscular arms are their biggest physical turn-on. Broad shoulders came in at 25 percent. As for that elusive six-pack? Only 6 percent of women put it first on their wish list. *Source: UNTL*

1:12
"But your mouth tastes like blue cheese."
Why'd you order the Mongolian wings? When asked to pick their most toxic turnoff, nearly half the women surveyed said bad breath. But avoid alcohol-based mouthwashes, which can make your breath worse, warns Manhattan dentist Jennifer Johnson, D.D.S. *Har*

2:13
"You want to do what to my 'sweet ass'?"
Many women find that the pressure of talking dirty interrupts progress to a screaming orgasm, Kerner says. What they'd most like to hear: moans and groans. Men typically aren't as vocal as women are, so these are clear signs that she's doing something right. *evan*

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Lana Kane:
Just the woman
to stiffen
your Archer.

3:27
"Spend more time on my nipples. Please!"
It's science! "Nipple stimulation activates the same sensory brain region as clitoral, vaginal, and cervical stimulation," says Barry Komisaruk, Ph.D., a professor of psychology at Rutgers Univer-

4:55
"Slow down, cowboy. This is getting good!"
Tongue-tired? Pace yourself. Nearly one in four women said men should spend more time on oral sex, and a common tip was "Slow down and be more gentle." Consider yourself a pleasure provider,

6:29
"You take control. I'll just enjoy myself."
Only 29 percent of women called girl-on-top their favorite position, but that still leaves plenty of other options. More than half said they prefer the man to be either "very" or "mostly" dominant in

ARE YOU A PERV?
Let *MH* sex advisor Debby Herbenick, Ph.D., MPH, make the call.

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Netflix/StreamKey Events Collection (Lina Kavel, R. Kikido, Johnson)

WHAT'S HER VIBE? HERE'S A GUIDE

Nearly a third of the women we surveyed don't use a vibrator but are curious. So buzz up one of these. Or, what the heck, all three!



BEGINNER'S BULLET
Reasonably priced and great for sex-toy neophytes, the Trojan Vibrating Bullet has four levels of intensity, and it's so small you can fit it between your bodies during sex. \$26, trojan.com



APPGASM
The remote-controlled We-Vibe 4 Plus fits in her vagina but still leaves room for you. If you're not around, you can operate it remotely through your smartphone app. \$179, we-vibe.com



SMALL WONDER
Like its predecessor, Lelo's diminutive new Lily 2 vibrator looks like a purple tongue and vibrates like the San Andreas Fault, but now it also emits your choice of boudoir bouquets. \$139, lelo.com

Your body may be filthy—and it's okay if your mind is too. After all, we're animals. Many of us are drawn to odors (including sweat) and pheromones, which we may subconsciously detect and which appear to be linked to sexual attraction. There's nothing wrong with delaying that shower (and that deodorant) in favor of aromatic romance.

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- Rabbit Vibrators
- Personal Massagers
- Bullet Vibrators
- Wand Massagers
- Remote Controlled Vibrators

Best-Selling Sex Toys

Delve into a world of limitless pleasure and see for yourself why these LELO sex toys are the best of their kind.

- 27%
- 50%
- 33%

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