

# Key Resources for Youth with Problematic or Illegal Sexual Behavior

## National Center for the Sexual Behavior of Youth

**The National Center on the Sexual Behavior of Youth (NCSBY)** is a part of the Center on Child Abuse and Neglect (CCAN) in the Department of Pediatrics of the University of Oklahoma Health Sciences.

The mission of NCSBY is to promote better lives, through better choices by youth, caregivers, and professionals for healthier responses to and prevention of problematic sexual behavior of youth. NCSBY provides national training and technical assistance to improve the accuracy, accessibility, and strategic use of accurate information about the nature, incidence, prevalence, prevention, treatment, and management of youth with problematic sexual behavior.

NCSBY is also designed to disseminate the efforts of the OJJDP and the Office of Sex Offender Sentencing, Monitoring, Apprehending, Registering and Tracking (SMART)'s **Youth with Sexual Behavior Problems Program**. This program targets late childhood and early adolescence for implementing evidence-based, coordinated, comprehensive management and intervention strategies to address problematic sexual behavior of youth, the effects on child victims, and their families.

## The Association for the Treatment of Sexual Abusers (ATSA)

**The Association for the Treatment of Sexual Abusers** is an international, multi-disciplinary organization dedicated to making society safer by preventing sexual abuse. ATSA promotes sound research, effective evidence-based practice, informed public policy, and collaborative community strategies that lead to the effective assessment, treatment, and management of individuals who have sexually abused or are at risk to abuse.

They offer a clearinghouse referral list for those looking for help for their children, youth and adults. Inquires can include for a specific language, special needs, geographic location. They can also refer to experts informed about local reporting law requirements if callers are concerned about a behavior and related reporting legalities.

Quick links to specific some of the relevant places on their website:

- [FIND A TREATMENT PROVIDER HERE](#)
- [Children With SBP Task Force Report](#)
- [Fast Facts: Adolescents who have sexually offended](#)
- [Fast Facts about Children who Display Problematic Sexual Behavior](#)

## **Key Resources for Youth with Problematic or Illegal Sexual Behavior**

- [ATSA Guidelines for the Treatment of Adolescents with Problematic Sexual Behavior](#)

### **Multisystemic Treatment Services**

Therapists work in the home, school and community and are on call 24/7 to provide caregivers with the tools they need to transform the lives of troubled youth. Research demonstrates that MST reduces criminal activity and other undesirable behavior. At the close of treatment, 87% of youth have no arrests.

### **Problematic Sexual Behavior – Cognitive Behavioral Therapy for School-aged Children**

PSB-CBT-S is a family-oriented, cognitive-behavioral, psychoeducational, and supportive treatment group designed to reduce or eliminate incidents of problematic sexual behavior. This program involves the family or other support systems in the child's treatment and requires weekly caregiver attendance and active participation, monitoring and supporting the child's application of skills between sessions, and ongoing assessment of child progress in treatment.

Check with the [Center on Child Abuse and Neglect \(CCAN\) in the Department of Pediatrics of the University of Oklahoma Health Sciences](#) for help finding trained professionals.

### **Private In-patient Treatment Facilities**

- [Star Guides](#)

Star Guides is absolutely unique among therapeutic programs for teens because of its specific focus on diagnostic assessment and treatment of teen sexual and relational behavior issues offering counseling and therapy options for both males and females. Ages 13-22.

- [Capstone](#)

CAPSTONE TREATMENT CENTER is a Christ-centered, residential, behavioral-care program. We help families with sons ages 14-25 who struggle with a wide range of self-destructive behaviors; alcohol / drug abuse, problematic sexual behaviors including pornography; trauma and its symptoms – self harm, isolation, depression, anxiety; compulsive video gaming; and family issues that inhibit peace, harmony and quality relationships.

## **Key Resources for Youth with Problematic or Illegal Sexual Behavior**

### **Neari Press & Training Center**

**NEARI Press & Training Center** provides resources and training for the prevention of sexual violence. We are a source of practical, cutting-edge information for professionals and the public about promising and best-practice interventions for individuals with sexual behavior problems. We believe that by addressing healthy sexual development in children and adolescents, and responding to sexual behavior problems in children, adolescents, and adults, we can prevent sexual abuse before it is perpetrated.

### **Child Advocacy Centers – The National Children’s Alliance**

National Children’s Alliance (NCA) is the national association and accrediting body for Children’s Advocacy Centers (CACs). A Children’s Advocacy Center is a child-friendly facility in which law enforcement, child protection, prosecution, mental health, medical and victim advocacy professionals work together to investigate abuse, help children heal from abuse, and hold offenders accountable.

CACs will definitely be able to help a victim of child sexual abuse and many are developing programs to help serve a youth with problematic or illegal sexual behavior. The NCA has made this a priority and many of the CACs around the country are developing programs.

Direct [link to their webpage on PSB](#)

### **Juveniles Who Commit Sex Offenses against Minors**

Bulletin published by the U.S. Department of Justice’s Office of Juvenile Justice and Delinquency Prevention (OJJDP).

This Bulletin draws on data from the Federal Bureau of Investigation’s National Incident-Based Reporting System to provide population-based epidemiological information on juvenile sex offending.

It is OJJDP’s hope that the findings reported in this Bulletin and their implications will help inform the policy and practice of those committed to addressing the sexual victimization of youth and strengthening its prevention and deterrence—considerations that are critical to success. Their efforts to protect youth from

Compiled by National Center on Sexual Exploitation  
July 2018

## Key Resources for Youth with Problematic or Illegal Sexual Behavior

victimization, or from becoming victimizers themselves, have our support and commendation.

### The National Child Traumatic Stress Network

The National Child Traumatic Stress Network (NCTSN) was created to raise the standard of care and increase access to services for children and families who experience or witness traumatic events.

### The Center for Sex Offender Management (CSOM)

**The Center for Sex Offender Management (CSOM)** is a national clearinghouse and technical assistance center that supports the public and state and local jurisdictions in the effective management of sex offenders who are adults and juveniles.

### The National Juvenile Justice Network (NJJN)

**The National Juvenile Justice Network (NJJN)** leads a movement of state-based juvenile justice reform organizations and alumni of its [Youth Justice Leadership Institute](#) to fight for a fairer youth justice system that's appropriate for youth and their families. NJJN advocates for policies and practices that treat youth in trouble with the law with dignity and humanity and which strengthen them, their families and their communities.

### Other examples of experts/resources:

- **Su Robinson, LICSW, VT (Girls with Problematic Sexual Behaviors) – Su Robinson** does not have a website. Her contact information is: [surobin@hotmail.com](mailto:surobin@hotmail.com) 802-489-5826 x 17, New England Counseling & Trauma Associates, LLC, 5399 Williston Road, Suite 207, Williston, VT 05495. Robinson is a resource for those who work with girls with problematic sexual behaviors. Her work began in the 90's in Colorado, but has been in Vermont since 2006. She authored the first workbook designed for adolescent females with sexually abusive behavior. Once Robinson moved to Vermont, she noticed how completely difference criminal justice and support services appeared to be in the two states. Robinson does assessments, psycho-sexual evaluations and individual treatment with girls/women. Like many therapists who work with these issues she started by doing groups and applying models that were designed for males. She learned the

## Key Resources for Youth with Problematic or Illegal Sexual Behavior

need to have female specific work and to provide treatment that is both trauma-informed and offense-specific.

- **Kevin Creedon, Whitney Academy** In his training, “**Can we teach these kids to dance? A developmental approach to youth with sexual behavior problems,**” Creedon explores a wide range of topic areas including: the role of attachment, child development, neuro impact of trauma.
- **David Prescott;** Trainings on best practices for treating adolescents who’ve offended
- **Tom Leveragee, Colorado** 40 years of working with youth and their families involved in juvenile justice system; also on the Colorado Sex Offender Management Board
- **Toni Cavanaugh Johnson** known for her work on expected sexual development in children and clarification of what is problematic versus expected behaviors in childhood
- **Timothy Kahn, Connecticut** – for children and young adolescents Pathways model; wrote “Pathways: A Guided Workbook for Youth Beginning Treatment”.
- **Moore Center for the Prevention of Child Sexual Abuse, Dr. Elizabeth Latourneau’s New Research on the impact of juvenile sex offender registration** <https://www.jhsph.edu/research/centers-and-institutes/moore-center-for-the-prevention-of-child-sexual-abuse/moore-prevention-news/children-on-sex-offender-registries-at-greater-risk-for-suicide-attempts;>
- **Stop it Now! Helpline** [http://www.stopitnow.org/get-immediate-help?color\\_box=width%3D600%26amp%3Bheight%3Dauto;](http://www.stopitnow.org/get-immediate-help?color_box=width%3D600%26amp%3Bheight%3Dauto;) (helpline) <http://www.stopitnow.org>; (general) is primarily geared towards adults; it’s also a source for information and assistance for professionals and parents of youth who has problematic/harmful sexual behaviors.