What We Know About
Sex Trafficking, Prostitution,
and Sexual Exploitation in the U.S.

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Introduction

These fact sheets are designed to present, in one place, valid, reliable data on topics related to human trafficking and sexual exploitation in the U.S. Statistics and data in these fact sheets can be utilized with utmost confidence, as the methodologies and findings have been carefully vetted.

Why is this so important to note? In truth, generating valid, reliable, and current data is challenging. The sex industry in the U.S. is, for the most part, illegal. Those who buy and those who sell their bodies for sexual exploitation are often reluctant to admit to their behavior, and thus difficult to reach with normal research methods such as random sampling surveys. This makes it quite difficult to ascertain answers to even the most basic questions, such as “What is the scope of the sex trade? How many people in this country are trafficked for sexual exploitation?” “How many people are buying sex?”

We often see citations from outdated studies; pre-Internet, Backpage.com and Craigslist. We also see data from well-done research whose findings are wrongly extrapolated beyond the limits of the research. We often confront findings from studies that are methodologically flawed to the point where no findings should be cited, and yet they are. And of course, advocacy groups and social service providers make guesses and estimates based on their perceptions or beliefs.

All of the misguided and incorrect uses of research findings can have dire consequences for policy, and for the people who are impacted by sex trafficking and sexual exploitation. Utilizing only reputable data, being willing to say “we don’t know” when we don’t, and funding more and better research are the only ways we can overcome this fundamental problem.
A final point to make is that we are not arbitrarily selecting from reports that support a particular policy position in these fact sheets. If we had found sound research with contrary findings, we would cite it.

We encourage you to go beyond the summary of findings, into the detailed findings and discussion, and to delve into the studies themselves. All of the studies are clearly sourced within these fact sheets.

Note: These fact sheets report data primarily on women and girls. There exists evidence that boys and men and transgendered individuals are involved in prostitution and are trafficked, but this is a little-studied area, and even less information is available on these populations. It has been commonly believed that girls and women make up the majority of prostituted and trafficked people; this belief, however, is currently being challenged. We expect and hope that in the coming years there will be more research done among these often-ignored populations.

The “What We Know About…” series covers:

- The Prevalence of Sex Trafficking, Prostitution, and Sexual Exploitation in the U.S. (p. 7)
- Men Who Buy Sex in the U.S. (p. 13)
- Traffickers: Those Who Promote Sexual Exploitation in the U.S. (p. 23)
- Women and Girls Who Are Trafficked in the U.S. (p. 35)
- Characteristics of Women in the Sex Trade in the U.S. (p. 47)
- Violence Against Women in the Sex Trade in the U.S. (p. 67)
Definitions

PROSTITUTION
Prostitution is a sexual act in exchange for money or anything of value (drugs, shelter, etc.)

TRAFFICKING FOR SEXUAL EXPLOITATION/SEX TRAFFICKING
The 2015 Justice for Victims of Trafficking Act amends the definition of the 2000 Trafficking Victims Protection Act (TVPA), defining sex trafficking as the recruitment, harboring, transportation, provision, obtaining, patronizing, or soliciting of a person for the purpose of a commercial sex act, in which the commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such act has not obtained 18 years of age.

Coercion is defined in the TVPA: threats of serious harm to or physical restraint against any person; any scheme, plan, or pattern intended to cause a person to believe that failure to perform an act would result in serious harm to or physical restraint against any person; or the abuse or threatened abuse of the legal process.

In these fact sheets we use “prostitution” interchangeably with “sex trade industry,” “sex trade,” and “commercial sexual exploitation.”

PIMP/TRAFFICKER/FACILITATOR
These terms refer to the person/s using force, fraud, or coercion for commercial sexual exploitation and collaborators who benefit financially.
Prevalence of Sex Trafficking, Prostitution, and Sexual Exploitation in the U.S
February 2017

Overview: Issues with Prevalence Data

The bad news is...we actually have no clear idea how many individuals participate in the sex industry, nor do we know their demographics—race, sex, ethnicity, or age.

To obtain information about prevalence, researchers must construct a representative sample and then query participants in the sample. If the sample is representative, the results can then be extrapolated to the entire study population.

Because sex trafficking and sexual exploitation, including prostitution, is mostly an illegal and clandestine industry in the U.S. it is not possible to construct a representative sample of those trafficked or otherwise involved. Therefore, traditional research methods are not available to answer the prevalence question. This state of affairs has led to an impasse between those who argue that very few persons are involved in trafficking and commercial sexual exploitation, and those who assert that many are.

Most of the often-cited statistics about trafficking prevalence are estimates from advocacy groups and social service providers. These estimates are not based on any rigorous or discernable methodology. Other studies, including some based on surveys done among small samples of sex trade participants (both within and outside the U.S.), contain data from small and non-representative samples and thus are not generalizable. Some of these studies have interesting information, but do NOT provide valid data on prevalence.

Many research projects analyze arrest data to ascertain information about the number of those involved in the sex trade, including buyers, pimps, traffickers, and exploited and trafficked people. We do not cite these data because arrests represent only those cases coming to the attention of law enforcement. These data cannot provide accurate information about the large majority of those in the sex trade who do not come into contact with the police. Furthermore,
arrests are not made on a random basis, among representative groups. The biases inherent in arrest data – for example, police are far more likely to arrest those in outdoor prostitution than indoor venues simply due to lack of resources – further compromises the representativeness of arrest data.

The good news is...recently, investigators have begun to use research strategies employed in the public health field to learn about previously hidden populations. Findings from these new research projects can be extrapolated with confidence to the entire geographical area of the project but not beyond it. Hopefully more studies in discrete geographical areas employing these research methods will be conducted in the coming years.

We can also begin to gauge prevalence by examining data from prosecuted trafficking cases, reports to law enforcement, and national Hotline calls. This data sheet provides information from all of these sources.

The data contained in this fact sheet are based on a comprehensive survey of prevalence research reports available through September 2016, vetted by several research experts in the field.

**Summary of Findings**

Note: “Human trafficking” includes trafficking for sex and for labor exploitation.

1,203. The number of human trafficking investigations reported by The U.S. Attorney General between 2002 and 2012. Note: the majority of trafficking cases are not handled by federal agencies. ¹

7,000. Potential human trafficking victims reported to the federal government by local task forces 2008 – 2014. Note: these task forces cover only 19% of the country and these data are not nationally representative. ²

510 survivors in San Diego County, representing 51% of those in eight social services programs, and a court diversion program for those arrested for prostitution 2005-2015, met the legal definition of trafficking. ³
5,544 potential cases of human trafficking came to the attention of the National Human Trafficking Resource Center Hotline (NHTRC) in 2015. iv

1,600 victims called, emailed, or texted the National Human Trafficking Resource Center Hotline in 2015. v

31,659 potential human trafficking cases have been reported by the public to the National Human Trafficking Resource Center Hotline between December 2007 and December 31, 2016; the vast majority are cases involving trafficking for sexual exploitation. vi

2,652 cases of commercial sexual exploitation of children (under 18) were identified within a year (2006) in the state of New York. Note: This represents an undercount, as only seven upstate New York counties and four New York City Boroughs' law enforcement agencies and those serving children were sampled and only cases coming to the attention of agencies were captured. vii

3,714 – 8108. The estimated range of female sex trafficking victims controlled by pimps in San Diego County in 2015. This estimate is based on interviews with a small number of incarcerated pimps/facilitators and arrest records. viii

Detailed Findings and Discussion

NEW RESEARCH STUDIES

Ohio Survey of Prostituted Persons

Researchers in Ohio used respondent-driven sampling ¹ to recruit individuals currently involved in the sex trade in 5 cities in Ohio to assess trafficking for

¹ RDS is a study methodology in which participants to be interviewed receive financial incentives both for their participation in the study and their recruitment of others to the study. The initial seed provides peers with referral coupons that provide contact information for the study. This is said to prevent participants from becoming reluctant to provide information about others and widens the network of individuals recruited by other methods, resulting in the recruitment of interviewees previously hidden. RDS studies
sexual exploitation at the state level. They recruited 328 participants over a period of 6 months. Thirty-five percent entered prostitution under the age of 18, and based on this research 13% of participants in Ohio could be classified as trafficking victims.


New York – Upstate and New York City Boroughs

Researchers surveyed a sample of 7 upstate counties and 4 New York City boroughs’ law enforcement agencies and those serving children to obtain an estimate of the number of annual cases of commercial sexual exploitation of children (those under the age of 18) they had uncovered. In total, 2,652 cases were identified in a year (2006). This figure is an undercount, in that all counties were not surveyed and only cases coming to the attention of the agencies were captured.


U.S. Attorney General’s Cases

The U.S. Attorney General has reported that the total number of human trafficking investigations between 2002 and 2012 is 1,203. Note: the majority of trafficking cases are not handled by federal agencies.


Local Trafficking Task Forces Reports to Federal Government

Federally funded but locally run trafficking task forces report activity to the federal government. Between 2008 and 2014, they identified just over 7,000

cannot produce national estimates, only local or regional-level estimates confined to the boundaries in which participants were recruited.
potential human trafficking victims. Note: these task forces cover only 19% of the country and these data are not nationally representative.


**National Human Trafficking Resource Center Hotline**

Between December 2007 and June 30, 2016, 27,775 potential human trafficking cases have been reported by the public to the National Human Trafficking Resource Center Hotline. The majority are cases involving trafficking for sexual exploitation. Although the Hotline believes these cases contain a high level of indicators of human trafficking, there is no way to obtain confirmation because law enforcement often has difficulty in locating suspected victims. However, self-identified victims themselves do contact the Hotline; 24% more reached out to the Hotline for help in 2015 than in 2014. The Hotline reports that approximately 1,600 self-identified victims called, emailed, or texted in 2015. In 2015, 5,544 potential cases of human trafficking came to the attention of the Hotline.


**San Diego County Study of Gang Involvement in Sex Trafficking**

In interviews with 46 incarcerated and ten in-community traffickers, law enforcement, victims of trafficking, and school personnel in San Diego county, researchers identified 110 individual gangs in San Diego County from a wide variety of neighborhoods and racial/ethnic backgrounds that have members engaged in profiting from trafficking for sexual exploitation. In addition, researchers determined that 85% of identified traffickers were affiliated with a gang. Using a range of five to eight females trafficked per pimp, researchers arrived at a range of 11,724-20,736 victims of trafficking from this very limited and small sample.


https://Polarisproject.org

https://Polarisproject.org


Overview

To obtain information representative of all sex buyers, researchers must construct a representative sample and then query participants in the sample. If the sample is representative, the results can then be extrapolated to the entire study population.

Because prostitution is an illegal and clandestine industry in the U.S. it is not possible to construct a representative sample. Those who buy people's bodies for sexual exploitation are often reluctant to admit to their behavior, and thus difficult to reach with normal research methods such as random sampling surveys.

Therefore, research studies are done with “convenience” samples: those who've been arrested for trying to buy sex, or buyers who frequent Internet prostitution chat rooms and are willing to speak to researchers are some examples. Findings drawn from these studies can reliably represent a part of the whole, but are not necessarily representative of the whole. Note also that self-reported behavior may be somewhat inaccurate. For this reason, it is critical that users understand and cite the source of the findings being reported.

In addition, we do not report on the demographics of arrested buyers, who represent only those coming to the attention of law enforcement and may over-represent those buying on the street as opposed to the more hidden customers buying sex indoors, who represent the majority of the customers.

What we know is that there is no credible evidence to support the idea that paying for sex is a common or conventional aspect of masculine behavior of men in the U.S. A small proportion of men purchase sex in this country.
Summary of Findings

PREVALENCE AND CHARACTERISTICS OF MEN PURCHASING SEX IN THE U.S.

• The practice of paying for sex during a lifetime has declined over time, from 16% of men saying they’ve done so (1991–2000) to 13.9% (2001–2010). Most recent data show only 13.9% of men 18–75 reported paying for sex in their lifetime.\(^i\)

• A study covering the years 1972–2010 determined that only about one percent reported paying for sex within the previous year.\(^ii\)

• Repeat customers arrested for trying to pay for sex surveyed in a 2005 study were more likely than non-customers to have purchased pornography and visited nude establishments. They were much less likely to be married than non-customers. There were no significant age differences between the two groups.\(^iii\)

• Internet prostitution chat room members surveyed in 2014 were older, more highly educated, and had higher incomes than men arrested for buying sex.\(^iv\)

ATTITUDES AND BEHAVIOR OF MEN WHO PURCHASE SEX IN THE U.S.

• From a 2008 study of Chicago sex buyers:

  • 43% of buyers stated that if men pay for sex, the women should do anything they ask.\(^v\)

  • 13% of buyers said they would rape a woman if they knew they could get away with it and 19% said they had raped a woman.\(^vi\)

  • Nearly half of sex buyers have paid for sex with women they knew to be under the control of a pimp or trafficker.\(^vii\)

  • Buyers in online chat rooms in Illinois admitted to being violent or aggressive to women in prostitution; recognize the harm they and pimps/traffickers do to women but continue to buy sex despite the harm; recognize the extreme youth of some prostituted women but are not deterred from buying (raping) underage children.\(^viii\)
Detailed Findings and Discussion

HOW MANY MEN BUY SEX IN AMERICA? (PREVALENCE)

The practice of paying for sex has declined over time.

Relatively current survey research demonstrates there is no credible evidence to support the idea that paying for sex is a common or conventional aspect of masculine behavior of men in the U.S.

General Social Survey

The General Social Survey (GSS), conducted by the national Opinion Research Center, queried a nationally representative sample of U.S. households between 2001 through 2010 (4,581 men). Interviewees were asked whether they ever had sex for pay in their lifetime and whether they had paid for sex within the last year.

- Only 13.9% of men aged between 18 and 75 sampled during this period reported having paid for sex during their lifetime. About one percent reported having done so during the previous year.
- Of the men sampled by the survey in an earlier period, between 1991 and 2000, 16.1% reported buying sex within their lifetime, but they were less likely to have paid for sex during the previous year (0.6%). These findings indicate that the percentage of men who pay for sex has declined over time in the United States. Older men sampled between 1991 and 2000 were less likely than younger men to have paid for sex during the previous year. Those who had served in the military were slightly more likely than men who did not to report having paid for sex during the previous year and during their lifetime, indicating that buying sex was a behavior that took place while in a military context.

CHARACTERISTICS, ATTITUDES, AND BEHAVIOR OF MEN WHO BUY SEX IN THE U.S.

To answer the question about buyers’ characteristics, attitudes, and behaviors definitively, it would be necessary to construct a nationally or locally representative sample of customers. Given the illegal and relatively clandestine nature of the sex industry, obtaining such a sample is not possible.

Instead, researchers have surveyed samples of customers to which they have access, many of them volunteers. Although findings cannot be extended beyond the sample, the information about some of the customers buying sex is useful in gaining an accurate picture of one part of the sex industry. In general, research with customers who buy sex has not been a priority for prostitution researchers. We are indebted to Martin Monto at the University of Portland for a great deal of the information that we do have about some of the customers.

Repeat Buyers in Three Cities Compared to 2005 Reported Non-Buyers Nationally

Monto has compared attributes of 1,672 men arrested for trying to buy sex on the streets in three U.S. cities (San Francisco, Las Vegas, and Portland, OR) with those in the General Social Survey (GSS) between 1993 and 1996. National sample members (GSS) were sorted, depending on whether they had reported ever purchasing sex. This study is limited in that those arrested on the streets in the three cities may not be representative of all the men who buy sex on the streets or in other venues, and questioning them after arrest may have shaped their responses.

When repeat customers in the arrested sample were compared with non-customers in the national sample, they were no more likely to have served in the military, to have been sexually assaulted as children, or to have sexually assaulted women. Repeat customers were more likely to have purchased pornography and twice as likely to have visited nude establishments than non-customers. Repeat users were much less likely to be married than non-customers but were no younger than non-customers.


Repeat Buyers Compared to Prostitution Review Chat Room Buyers 2015

Using updated data from the General Social Survey (4,581) Monto later compared these men with his data set of arrested customers (1,817) and with a convenience sample of men solicited on 43 discussion boards of the prostitution review website TER (584 participants). Note: These 584 chat room buyers cannot
represent the general universe of men who buy sex. This sample is limited to those with a computer, literacy skills, and the interest in being part of a chat room. They also appear to be frequent users, which means they represent only a segment of the customers.

This analysis demonstrates large differences among the Internet sample and the rest. The men participating in Internet prostitution chat rooms are older, (more likely to be between 50-59 years of age) and have higher educational attainment and higher salaries. Forty-three percent earned more than $120,000 a year. They are more likely to be married, whereas arrested offenders are unmarried and younger. However, there are limitations in that these men are part of an online community that endorses prostitution as a legitimate form of sexual activity, and men participating in on-line forums may be only a subset of male customers.


ATTITUDES OF MALE BUYERS

Three recent research studies document buyers' attitudes about the sex trade and those who sell sex. Like most studies in this field, findings are limited because researchers can work only with samples of volunteer participants who may not represent the entire universe of men who buy sex. Those who answer advertisements seeking research participants may differ from the general population of buyers. They certainly, however, represent a subset of buyers whose attitudes should influence our views of the sex industry as a whole.
Buyer Interviews, Chicago 2008

Researchers interviewed 113 self-reported male buyers face-to-face, recruited in advertisements in free publications and on Craigslist. Of these, 53% were frequent customers, buying weekly, monthly, or several times a month. Their comments indicated the degree to which many objectified prostituted women and believed that those women gave up all human rights to dignity and freedom from harm.

<table>
<thead>
<tr>
<th>Attitudes and Behavior</th>
<th>Men Who Purchase Sex</th>
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<tbody>
<tr>
<td>Purchased sex to obtain acts they felt uncomfortable asking of their partner or which their partner refused to engage in, including oral and anal sex.</td>
<td>46%</td>
</tr>
<tr>
<td>If men pay for sex, the women should do anything they ask.</td>
<td>43%</td>
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<tr>
<td>Would rape a woman if they knew they could get away with it</td>
<td>13%</td>
</tr>
<tr>
<td>Admitted to raping a woman</td>
<td>19%</td>
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<tr>
<td>Believed the majority of women in prostitution had experienced some type of childhood sexual abuse</td>
<td>57%</td>
</tr>
<tr>
<td>Thought the majority had entered prostitution before the age of 18</td>
<td>32%</td>
</tr>
<tr>
<td>Thought they had bought sex from women who were trafficked from other countries.</td>
<td>20%</td>
</tr>
<tr>
<td>Have seen women with a pimp</td>
<td>75</td>
</tr>
<tr>
<td>Knowingly bought a woman in prostitution who was under pimp/trafficker control.</td>
<td>40</td>
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</tbody>
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TRIGGER WARNING. VERBATIM COMMENTS FROM BUYERS INCLUDED BELOW MAY BE DISTURBING TO SOME READERS.
“She has no rights because you are paying for a sex act—she gives up the right to say no.”

“...she gave up her rights when she accepted my money.”

“Prostitutes are like a product, like cereal. You go to the grocery, pick the brand you want, and pay for it. It’s business.”

“She feels a lot of force between her legs, because I’m not going to be lenient. I’m going to give her everything I’ve got. You can pound them, she don’t mind.”

“Something at your job makes you mad, you can’t beat your wife, you can’t beat your kids, and so you go out and have sex to take your frustration out.”

“I almost killed a hooker because she tried to run off with my money and I wasn’t going to let her. I used the blunt side of the knife. She tried to leave the car. We struggled for awhile. I wanted to scare her, so I put the blunt side of the knife to her throat. Somehow there was blood, and she gave the money back. I left her lying down in the street. I didn’t even want the money no more.”


Analysis of Illinois Prostitution Chat Room Posts

One researcher has monitored posts made on the USA Sex Guide, an online chat room for frequent customers. 1,684 posts made between June 1, 2010 and August 31, 2010 for sites in Illinois were analyzed.

Among the key findings from this analysis:

Many men admit to being violent or aggressive toward the women in prostitution.

“Once with a petite little spinner abt 40 who told be [sic] no bj [blowjob], but then I simply insisted firmly ‘yes. You suck.’ and I grabbed her head and
she didn’t resist. That was one of the wildest [massage parlor]
experiences I’ve had because I completely face fucked her to where she
puked on the floor twice and would clean it up then come back to me where
I would fuck her face silly again. I even had her licking my asshole that
time...I think I gave her .80.”

The majority of the posts express contempt for prostituted women and girls,
often referring to them as “meat” or “merchandise.”

(A user attaches a photo of a prostituted woman) “Where’s the prime meat?
Why does it seem that this is all there is left on the streets of Rockford?”

“At [strip club] all I found were large slabs of beef. Smallest girl must have
been at least 35 lbs over weight.”

They mention the extreme youth of some of the girls, cautioning they may not
be “legal” but they continue the encounter and say they will return to buy more
sex with this individual and recommend her to others.

“BTW saw my Latino friend out on 120 again last week. I’d be careful with
this one. I think she only comes out for a short time to get some quick cash
for her high. She’s awful young. Be safe!”

All recognize the harm being done to the women by customers and
pimps/traffickers but they continue to buy sex in spite of the harm.

“I tell her to come outside to my car so I can get a look at her. She has a nice
bod so I go for it and tell her I’m ony [sic] doing $60 and she was cool w it.
CBJ cowgirl mish doggie then I was out. She had glasses on when I
askd [sic] her to take them off she had two black eyes. Ridiculous.”

They observe and describe pimps and traffickers who are with the girls and
women.

“I’m off to her apartment. She jumps in but leaves the door open. ‘I have a
favor to ask.’ ‘Can I give the ‘contribution’ (my term not hers) to X*#*x&
(her significant other, whom I wouldn’t name here)?’ She’ll wait in the car
and he’ll come and get it. What the fuck can I say? I’m literally in the
driver’s seat if not figuratively. I’ve seen her ‘other’ before and he don’t scare
me no how (intentional poor English). He’s a little wigger wanna-be [a
male Caucasian, often suburban, who emulates African American hip-hop
culture and style]. Ok I sezz. He steps out of the shadows of her door way
and does that little hunched shoulders grab his pee-pee walk that all good
wiggers work so hard to perfect. She hands him the dead presidents and
shuts the door. Off we go...”
Time after time the men describe women who did not appear to want to be there and resisted performing the sex act. Yet the men persisted and often punished them for their attitudes with violence and aggression.

“There is a new lady there. I could not understand her name. She is older, looks ok, but everything else was bad. She did not want to be there doing this at all. That was evident. The massage was bad, extras were bad, nothing good about it. I am going to stay away for a while. Looks 7, Body 6, English 2, Massage 3, Extras 2, Atitude [sic] 2”


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Overview

To obtain information representative of all traffickers for sexual exploitation, researchers must construct a representative sample and then query participants in the sample. If the sample is representative, the results can then be extrapolated to the entire study population.

Because trafficking for sexual exploitation is an illegal and clandestine industry in the U.S. it is not possible to construct a representative sample. Therefore, research studies are done with “convenience” samples.

We have three sources of information about sex traffickers. First, court cases can be analyzed for valuable information about perpetrators. Second, traffickers can be located and interviewed. Third, trafficking victims can provide information about perpetrators.

We do not present information about the race of traffickers, in samples of prosecuted or identified cases. These are cases that come to the attention of law enforcement. They cannot provide accurate information about the large majority of pimps and traffickers who do not come into contact with the police. Furthermore, arrests are not made on a random basis, among representative groups. For a variety of reasons police may have greater access to minority traffickers and pimps, given the greater scrutiny occurring in inner-city neighborhoods. Therefore, the data are unlikely to be representative, and may in fact be significantly racially biased. Drawing conclusions from these data is inadvisable.

Findings in this fact sheet are limited to the research samples; because they are in no way representative, their conclusions cannot be extended to the entire population of traffickers.
Summary of Findings

- While the vast majority of human traffickers, and pimps and sex traffickers are male, a significant minority (15% - 32%) are female, according to several recent studies.¹ ii iii

- Human traffickers exist in all age groups. Several studies report a mean age of perpetrators of 37/38. iv v One study of human traffickers found that 77% of perpetrators were 18-34. vi

- Multiple research studies have found that a significant percentage of sex traffickers (3 - 36%) of juveniles are family members of the victim. vii viii ix x

- Several studies also found that juvenile sex trafficking victims (27 - 60%) are also frequently trafficked by their boyfriends. xi xii xiii

- Many pimps in one study (32 - 58%) used force as a means to control victims of sexual exploitation. xiv

- A 2016 study in San Diego County provided several key findings about pimps and traffickers in that county.
  - Psychological coercion (social and emotional isolation, induced emotional exhaustion, and degradation, including humiliation, denial of the victim's power, and name-calling), and economic coercion (taking 50% or more of prostituted person's earnings) were primary means sex traffickers employ for controlling victims. xv
  - Pimps reported an average income of $670,625. xvi
  - Researchers determined that middle schools and high schools were significant/frequent places for recruiting girls who become victims of sexual exploitation, and not just in low-income neighborhoods. xvii

- While pimps interviewed in Chicago have been reported to control between two and 30 victims, xviii one San Diego study found an average number of victims/survivors a pimp controlled was 4.5. xix

- Pimps frequently begin trafficking and prostituting people at a young age. In one 2016 study, 37% began when they were younger than 18. xx Another study done in Chicago reported the average age of entry into pimping was 22.48. xxi

- Those who choose to pimp and traffic others for sexual exploitation often have backgrounds that include physical and sexual abuse, drug and alcohol addiction, and family members who were in the sex trade. xxii xxiii Please see detailed findings for more specifics.
Detailed Findings and Discussion

LEGAL CASES

Department of Justice Data
In 2011 the U. S. Department of Justice reported on the characteristics of 2,515 suspected cases of human trafficking investigated between January 2008 and June 2010 by federally funded human trafficking task forces. The vast majority (82%) involved trafficking for sexual exploitation.

- In cases confirmed as human trafficking, 488 perpetrators were identified.
- Most confirmed human trafficking suspects were male (81%). 81% of all female suspects were involved in trafficking for sexual exploitation rather than labor trafficking.
- 77% of suspects were between the ages of 18 and 34. Two percent were 17 or younger, and 30% between 18 and 24.
- 60% of all suspects were U.S. citizens or permanent U.S. residents. Sixty-six percent of suspects in trafficking for sexual exploitation were U.S. citizens or permanent residents.


Examination of Human Trafficking Court Cases
Researchers examined U.S. human trafficking court cases (both state and federal) resulting in a conviction or a plea bargain between January 2006 and December 2011 throughout the U.S., identifying the cases through a number of Internet data bases. One hundred and sixteen cases were examined, involving 382 perpetrators. Sixty-five percent of the cases involved transnational trafficking, with the remainder regional or local.

- The mean age of the perpetrators was 38.43.
- 68% were male, and 32% female. Females occupied core roles in 47% of the cases.
• 302 perpetrators, or 79%, were involved in a network with three or more perpetrators. Networks could include brothel owners who used one main contact to procure women, and rings co-led by perpetrators.
• Researchers found that the victim was likely to be trafficked by someone from within her (his) own community (93%), regardless of whether she (he) was trafficked regionally or transnationally.
• 44% of perpetrators used violence on the victim. Ninety-five percent used coercion and or threats of violence.


Survey of Law Enforcement Agencies

Through mail surveys of 2,598 law enforcement agencies throughout the U.S., researchers established that there were 1,450 arrests of juveniles by these entities for prostitution-related offenses in 2005. In follow-up research, surveyors obtained information on 711 cases in the sample. The victim sample was exclusively female. Almost half of the juveniles were 16 or 17 years old; 46% were 14 and 15 years old.

• 57% of these cases involved a pimp, called a third-party enforcer.
• Information was available for 97 perpetrators. Eighty-five percent were male and 15% female.
• 3% were a family member.
• 14% were acquaintances.
• 82% were facilitators, including pimps, acquaintances, and family members of the victims.


Characteristics of Convicted Traffickers in Oregon

Researchers examined records of 28 males with an arrest, charge, and or conviction for domestic trafficking for sexual exploitation between 2004 and 2015, the records compiled while they were on community supervision in Multnomah County, Oregon. Although this is in no way a representative sample of perpetrators, this study highlights the frequent use of violence by this one group of traffickers.
Of the perpetrators:

- 37 was the mean age.
- 61% were dropouts during high school; of these 59% later obtained a GED.
- 18.5% experienced physical abuse as children.
- 26% experienced childhood sexual abuse.
- 41% were removed from their parents' home as a child.
- 33% began trafficking between the ages of 14 and 17, 63% were 18 and older.
  Four percent began in preadolescence.
- 11% reported family involvement in the sex trade industry, often a parental figure, but this information was unknown in the majority of the cases. The majority (96%) had not sold their own bodies.
- 22% had known gang involvement, although this category had a large number of unknowns related to gang involvement.
- 71% had a documented history of intimate partner violence.
- 46% had a documented history of perpetrating forcible rape.


New York – Upstate and New York City Boroughs

Researchers surveyed a sample of seven upstate counties and four New York City boroughs' law enforcement agencies and those serving children to obtain an estimate of the number of annual cases of commercial sexual exploitation of children (those under the age of 18) they had uncovered. In total, 2,652 cases were identified in a year. This figure is an undercount of the total number of cases in New York, in that not all counties were surveyed and only cases coming to the attention of the agencies were captured.

Researchers did, however, obtain information about the perpetrators and there were wide differences between upstate New York counties and New York City.

- 16% of the sample of trafficked minors were trafficked by parents, parents' partners, or family members. The figure in New York City was seven percent.
- 24% in New York City and 58% in upstate New York were trafficked by an adult friend or acquaintance.
- 1% in New York City and 22% in upstate New York were trafficked by a minor friend or acquaintance.
- 75% in New York City and 28% in upstate New York were trafficked by an adult stranger. None were trafficked by a minor stranger.
• Force was used in 58% of the cases in New York City and 32% of the cases in upstate New York.


INTERVIEWS WITH PIMPS

Interviews with Ex-Pimps in Chicago

Interviews with 25 ex-pimps in the Chicago metropolitan area in 2009-10, another non-representative sample of volunteers, as in the Oregon research cited above, revealed similar childhood experiences of those who were trafficked for sexual exploitation.

• 72% were male and 28% were female.
• 61% of the males and 71% of the women had no high school degree.
• The average age at onset of pimping/trafficking was 22.48.
• The average numbers of years of pimping was 15.6, with a range of 4-28 years.
• 56% of the men and 100% of the women sold sex prior to pimping. The average onset of selling sex was 14.4 years for the women and 16 years for the men.
• The number of women trafficked at any given time was two - 30. The total number of women trafficked over the years was a minimum of 4,135.
• 20% were addicted to alcohol while pimping and 16% were addicted to drugs.
• 88% experienced physical abuse while growing up.
• 76% experienced childhood sexual assault, with the average age of onset nine and a half years.
• 88% experienced domestic violence in the home.
• 84% experienced drugs and alcohol abuse in the home while growing up.
• 60% had family members involved in the sex trade.
• 84% use alcohol as a child, with the average age of onset 12.5 years.
• 24% had been committed to foster care.
• 48% ran away from home due to physical or sexual abuse.

San Diego County Study of Gang Involvement in Sex Trafficking

In interviews with 46 incarcerated and ten in-community traffickers, law enforcement, victims of trafficking, and school personnel in San Diego county, researchers identified 110 individual gangs in San Diego County from a wide variety of neighborhoods and racial/ethnic backgrounds that have members engaged in profiting from trafficking for sexual exploitation. In addition, researchers determined that 85% of identified traffickers were affiliated with a gang.

- Traffickers in this study made, on average, $670,625 annual income, and controlled four and a half victims/survivors, on average.
- The most common form of coercion used by traffickers was economic coercion (taking 50% or more of prostituted person's earnings), followed by psychological coercion (social and emotional isolation, induced emotional exhaustion, and degradation, including humiliation, denial of the victim's power, and name-calling), and chemical coercion (supplying or forcing drugs). Only 12% of traffickers reported using physical or sexual violence as a coercion method.
- Facilitators/traffickers were classified into four broad categories, based on how they, themselves, identified their roles:
  1) Enforcer/Contractors (67% of traffickers) were most common. They reject the 'pimp' label and claim to act mostly as drivers, and security against buyers' violence and rape. They also claim to split revenue with the prostituted women.
  2) Traditional traffickers (28%) were most likely to refer to themselves as 'pimp.' They see the label as a sign of status. They are most likely to claim to keep all or most of the money made by the prostituted woman.
  3) Vicious/Violent traffickers (four percent) use tactics of extreme physical and psychological control to wrest the maximum financial quotas. They were most likely to recruit minors.
  4) Organized Trafficking Groups (OTGs) were the fourth type of sex-trafficking facilitator identified in San Diego. OTGs are structured as clandestine, closed networks, run by a small core group of individuals. Examples include a multinational “black book” ring that trades in adults and minors; a child prostitution ring controlling both domestic and international individuals; a residential brothel trafficking children from the Philippines; and a MS-13 clique operating as a closed group that traffics individuals - minors and adults from southern Mexico. None of the study’s interviewees
admitted to being involved in OTGs, but numerous interviewees gave details indicating specific knowledge of such activities.


INTERVIEWS WITH TRAFFICKING VICTIMS ABOUT THEIR TRAFFICKERS

Chicago Victims of Sexual Exploitation Discuss Those Who Trafficked Them

Researchers interviewed 100 young women up to the age of 25 who were under the control of a pimp/trafficker at the time of the survey in 2007.

- 23% said they considered their pimp their boyfriend.
- 10% said they were recruited by a family member.
- 19% were recruited by friends.
- 12% were recruited by a pimp.


Youth in Homeless Shelters in New York

Interviews were conducted with 185 youth in the Covenant House Crisis Center and drop in programs in New York City between the ages of 18–23.

- 12% were trafficked for sexual exploitation.
- Of these, 36% were trafficked by their immediate families. 27% were trafficked by boyfriends.

Ohio Victims Trafficked Under 18 Years Old

Researchers surveyed 115 individuals who became involved in the sex trade when under the age of 18. Of the subset who were trafficked:

- 9.6% were trafficked by a male member of a foster family.
- 7% were trafficked by a male family member who did not sell himself.
- 18.3% were trafficked by a male friend who did not sell himself.
- The majority of trafficked people were recruited by a female who acted like a friend.
- Of the 25 people who were trafficked by force, 60% were trafficked by a boyfriend and 18.3% by a male friend.


What We Know About
Victims of Trafficking for Sexual Exploitation in the U.S.
February 2017

Overview

We have information about victims of sex trafficking, but generalizations cannot be made because none of the research was done among representative samples. However, the characteristics of victims in these various samples are often similar in their vulnerabilities. They often, for example became victims of commercial sexual exploitation at a young age, and have frequently experienced abuse in their families of origin.

When a number of research studies converge on similar findings about characteristics of victims/survivors of sex trafficking, it can be appropriate to summarize them into a general finding, so long as the user is mindful to clarify that the statement is not conclusively true. It is the difference between stating “Three studies done in New York found that prostituted women typically experienced abuse in their families of origin,” versus “Research shows that the majority of prostituted women experienced abuse in their families of origin.” The former is an accurate statement. The latter is not.

A word about statements on the “average age of entry” that are often bandied about as if they were conclusive – they are NOT. We often see the blanket statement made, “The average age of entry into prostitution is 14 (or 12, or 15).” Any blanket statement like this is incorrect because we do not have empirical data to support this conclusion.
Why? Because every single study that asks sexually exploited people when they were first prostituted or exploited is done among a convenience sample. Researchers ask girls who are in homeless shelters. Or women who are incarcerated. None of those samples are representative of the universe of those who are sexually exploited in this country. Each of those studies is biased by the ages and types of people who are questioned.

One research study, for example, found that the median age of entry into prostitution was 14. However, the sample was comprised of girls all under the age of 16. Another study of women under 25 found the average age of entry was 16. When research samples have older women in them, then the age of entry tends to be higher. It is simply a question of math.

There are some data indicating that juveniles in this country are trafficked. The most reliable of that data are summarized here. However, we simply cannot extrapolate from these, or any other convenience samples, to an overall fact about the average age of entry into prostitution.

Summary of Findings

Children are trafficked for sexual exploitation in this country, and many adults who are sexually exploited first became exploited while they were children.

- A 2007 study in New York found that 16% of upstate NY girls trafficked for sexual exploitation were 13 or younger. Four percent of those in New York City were 13 or younger.\(^1\)
- In a study done among 112 Ohio children who became involved in the sex trade while under the age of 18, 12% were sold before age 12 and 26% between the ages of 16 and 17.\(^2\)
- Minors in San Diego county in a program for first time prostitution offenders, across several years, began being trafficked at an average age of 14.5. For adults in the same program, the average age of entry was 17.8.\(^3\)
Several studies found that survivors of trafficking for sexual exploitation are likely to have experienced conditions that may have made them more vulnerable to being trafficked, including (but not limited to):

- History of childhood abuse and neglect (85–89% in New York)\textsuperscript{iv}
- History of sexual abuse by family members (40% in Ohio)\textsuperscript{v}
- Placement in foster care (50 –75% in New York\textsuperscript{vi}; 28% in San Diego\textsuperscript{vii})
- Homelessness (55% in San Diego)\textsuperscript{viii}
- Having run away from home at least once (63% in Ohio)\textsuperscript{ix}

Children and adults who are trafficked for sexual exploitation commonly experience violence at the hands of their pimps and the men who buy them.

- A 2007 Chicago study of 100 prostituted women 25 and younger found that 48% had been punched, 47% had been raped, 63% experienced threats of harm.\textsuperscript{x}
- Among 107 survivors of trafficking ages 14–60 from eleven major U.S. cities, 92.2% reported being the victim of at least one of 12 forms of physical violence (threatened with a weapon, shot, strangled, burned, kicked, punched, beaten, stabbed, raped or penetrated with a foreign object). Many survivors suffered more than half of these experiences; respondents reported an average of 6.25 of the 12 forms of violence.\textsuperscript{xi}
- Forty-two percent of those first sold for sex under the age of 18 in Ohio, according to a 2012 study, had been victims of customer-related or pimp-related violence and had been to the emergency room at least once as a result.\textsuperscript{xii}
- Victims of sexual exploitation ages 12–18 in one study had high rates of physical abuse, involvement with child protective services, running away from home, multiple drug use, alcohol abuse, and a history of sexual violence, with higher rates as compared with those who were not trafficked but were victims of child sexual abuse.\textsuperscript{xiii}
- Survivors of trafficking for sexual exploitation ages 14–60, interviewed for a 2012 study reported experiencing numerous mental and psychological conditions.\textsuperscript{xiv} These included:
  - Depression (88.7%)
• Anxiety (76.4%)
• Nightmares (73.6%)
• Flashbacks (68%)
• Feelings of shame or guilt (82.1%)
• Post-Traumatic Stress Disorder (54.7%)
• Suicide attempts (41.5%)

A substantial number of survivors interviewed for that study suffered from other psychological disorders, including bipolar, multiple personality, and borderline personality disorders.

**Detailed Findings and Discussion**

**New York – Upstate and New York City Boroughs**

Researchers surveyed a sample of 7 upstate counties and 4 New York City boroughs’ law enforcement agencies and those serving children to obtain an estimate of the number of annual cases of commercial sexual exploitation of children (those under the age of 18) they had uncovered. In total, 2,652 cases were identified in a year. This figure is an undercount, in that all counties were not surveyed and only cases coming to the attention of the agencies were captured.

Important differences were noted between the urban (New York City) and rural (upstate) case samples.

• Girls in upstate counties were younger. Girls aged 13 or younger comprised four percent in New York City and 16% upstate were girls; over half in New York City and one-third upstate were girls 16 or 17 years old.

• For half of the upstate children, the age at the time of the first sexual exploitation was 11 years of age or younger. None of the New York City children were known to be exploited at this age; the most frequent age in New York City was 14-15 (43%).

• The most frequent age group of girls exploited in upstate counties was ten to 11 (43%).
• The victims had histories of child abuse and neglect. In New York City, 85% had prior child welfare involvement, while upstate, 89% had child welfare involvement.

• Over two-thirds in New York City and 54% upstate were known to be the subject of a child abuse/neglect investigation.

• Three-quarters in New York City and nearly half of upstate girls had experienced placement in foster care. Over half in New York City and 44% upstate had a juvenile placement, defined to include stays in detention facilities.


Ohio Survey of Prostituted Persons

In a sample of 115 individuals who became involved in the sex trade in Ohio while under the age of 18, 12% were sold before age 12 and 26% between the ages of 16 and 17.

Of these, 40% were victims of family sex abuse. Those trafficked for commercial sexual exploitation suffered higher rates of sexual abuse than did other victims of abuse reported in Ohio.

• 24% were victims of physical abuse in their families

• 33% had a close family member in the sex trade

• 63% had run away from home once or more than once

Forty-two percent of those first sold under the age of 18 had been victims of customer-related or pimp-related violence and had been to the emergency room at least once as a result. Twenty-six percent had been hit and 21% beaten; ten percent had been stabbed; almost 15% had been held against their will by someone; 14% had been held at gunpoint, and nine percent at knife point. Almost half (49%) had been diagnosed with a mental health issue.

Chicago Victims of Sexual Exploitation Discuss Those Who Trafficked Them

In 2007, 100 girls up to the age of 25 who were currently under the control of a pimp/trafficker were interviewed in Chicago. The young women reported high levels of coercion and violence from their traffickers.

- 29% said they were provided drugs to encourage addiction, and 23% reported drugs withheld by the pimp to coerce them. Sixty-one percent experienced threats to end the romantic relationship and 63% experienced threats of harm.
- 43% reported they could not leave without physical harm and an additional 20% were unsure if they could leave without physical harm. Thirty-seven percent were not allowed to leave and visit friends and family. Forty percent said their pimp watched them when they were not trading sex with customers and another 20% were not sure if they were watched.

The young women also experienced high levels of violence from their traffickers.

- 48% had been punched
- 26% spanked
- 43% kicked; and
- 47% were raped

Weapons used by pimps included fists (71%), knives (eight percent), guns (38%), matches and cigarettes (32%).


San Diego County Study of Gang Involvement in Sex Trafficking

Researchers interviewed 302 adult victims of trafficking for sexual exploitation who were in a prostitution first time offender program. An additional 321 minors in the program were noted, but were not interviewed. Information was also gleaned from the standardized intake forms of 167 human trafficking survivors (140 were survivors of trafficking for sexual exploitation) served by eight different non-profits who offer direct services to victims of human trafficking.
Among the first time arrestees for prostitution in this sample, researchers concluded that 50% met the federal definition for classification as victims of human trafficking.

There was a strong correlation between this victimization and current or previous homelessness (55%) as well as having been in foster care (28%).

The average age of entry into prostitution for adults in the first time offender program was 17.8. Among minors, the average age of entry into prostitution was 14.5. Researchers combined these into an overall average age of entry of 16.1 years old.


Characteristics of Patients in Pediatric ERs Suspected of Sexual Exploitation

Researchers identified characteristics of patients in three pediatric emergency departments who were thought to be suspected victims of child sexual exploitation. Twenty-seven children aged 12-18 were identified and compared with a group of 57 who were victims of childhood sexual assault.

Victims of sexual exploitation had high rates of physical abuse, involvement with child protective services, running away from home, multiple drug use, alcohol abuse, and a history of sexual violence, with higher rates as compared with those who were not trafficked. For example 69.9% had a history of drug use as compared with 19.2% of the control group. 30.8% had a history of violence connected with sex as compared with 3.8% of the control group.

Notably, 46% of the trafficked children had been to a medical provider with the past two months, providing an opportunity for intervention.


Focus Groups With Survivors of Sex Trafficking Ages 14-60

Researchers conducted focus groups with 107 participants in eleven U.S. cities including Chicago, St. Louis, Washington, D.C., Los Angeles, San Francisco and more; all domestic survivors of sex trafficking ranging in age from 14 to 60 in 2012. Participants reported numerous psychological and mental conditions,
including depression (88.7%), anxiety (76.4%), nightmares (73.6%), flashbacks (68%), and feelings of shame or guilt (82.1%).

A substantial number of survivors suffered from other psychological disorders, including bipolar, multiple personality, and borderline personality disorders. 41.5% had attempted suicide and 54.7% suffered from Post-Traumatic Stress Disorder.

Survivors were asked whether they had been threatened with a weapon, shot, strangled, burned, kicked, punched, beaten, stabbed, raped or penetrated with a foreign object. Nearly all (92.2%) reported being the victim of at least one form of physical violence and many survivors suffered more than half of these experiences; respondents reported an average of 6.25 of the 12 forms of violence. Substance abuse was also rampant. 84.3% used alcohol, drugs, or both during their captivity and more than a quarter (27.9%) said that forced substance use was a part of their trafficking experience. Alcohol, marijuana, and cocaine were the most common substances.


Child Welfare Involvement Among Trafficking Survivors

Rights4Girls compiled the following findings from several research reports. Sources for each statistic are below.


- “In 2013, 60% of the child sex trafficking victims recovered as a part of an FBI nationwide raid from over 70 cities were children from foster care or group homes. iv

- In 2012, Connecticut reported 88 child victims of sex trafficking. Eighty-six were child welfare involved, and most reported abuse while in foster care or residential placement.v

- In 2012, Los Angeles County, California reported that of the 72 commercially sexually exploited girls in their Succeed Through Achievement and Resilience (STAR) Court Program. 56 were child-welfare involved. (STAR is a program offering alternatives to detention for girls arrested for involvement in prostitution or other forms of commercial sexual exploitation. It provides a range of comprehensive services and support designed to allow minor to be supported as victims vs criminals) vi
• In 2013, 85% of trafficking victims in New York had prior child welfare involvement.\textsuperscript{vii}

• In Alameda County, California, a one-year review of local CSEC (Commercial Sexual Exploitation of Children) victim populations found that 53% had lived in a group home, and 83% had previously run away from home.\textsuperscript{viii}


\textsuperscript{viii} Motivating, Inspiring, Supporting, and Serving Sexually Exploited Youth (MISSSEY), MISSSEY Data Report (June 2009)."

\textbf{Trafficking Cases Investigated by Federally Funded Task Forces}

Of confirmed human trafficking cases investigated by federally-funded task forces between 2008 and 2010, 54% of victims were 17 years of age or younger and 31% were between the ages of 18 and 24.

All but a handful of victims were U.S. nationals.

Potential Trafficking Cases Reported to National Human Trafficking Resource Center Hotline

In 2016 a total of 7,572 unique cases of potential human trafficking were reported to the hotline. Of these:

- 30% of potential victims were minors
- 29% of victims were U.S. citizens or legal permanent residents


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What We Know About

Characteristics of Women and Girls in the Sex Industry

February 2017

Overview

In this fact sheet we provide information garnered from research with women and girls in prostitution. These research studies, and this fact sheet, do not differentiate between trafficked and non-trafficked individuals. We have devoted a separate fact sheet, titled “What We Know About Victims of Trafficking for Sexual Exploitation in the U.S.” to research done among trafficking victims; primarily those under 18 when they were first exploited.

None of the findings can be construed to be true for the universe of women and girls in the sex trade industry in the U.S. for the simple reason that none of the research was done among representative samples. However, the characteristics of victims in these various samples are often similar, and there are no reliable data that contradict what these studies have found.

The facts and findings we have are based only on the “tip of the iceberg.” We can only measure what and who we can see. Who is missing from most of the research findings? We are missing, for example, those involved in some parts of the “indoors” sex trade, such as phone sex and call-out prostitution. In addition, people who are so controlled by a pimp/trafficker that they cannot be interviewed, are not represented.

Bear in mind, then, that the numbers of people involved in the sex trade are greater – by how much we cannot know – than what research reports. And the characteristics we report for those involved in the sex trade – like age of entry – might be somewhat different if we were able to interview more people who are involved in the least accessible parts of the industry.
A word about statements on the “average age of entry” that are often bandied about as if they were conclusive – they are NOT. We often see the blanket statement made, “The average age of entry into prostitution is 14 (or 12, or 15).” Any blanket statement like this is incorrect because we do not have empirical data to support this conclusion.

Why? Because every single study that asks sexually exploited people when they were first prostituted or exploited is done among a convenience sample. Researchers ask girls who are in homeless shelters. Or women who are incarcerated. None of those samples are representative of the universe of those who are sexually exploited in this country. Each of those studies is biased by the ages and types of people who are questioned.

One research study, for example, found that the median age of entry into prostitution was 14. However, the sample was comprised of girls all under the age of 16. Another study of women under 25 found the average age of entry was 16. When research samples have older women in them, then the age of entry tends to be higher.

There are some data indicating that juveniles in this country are trafficked. The best of that data is summarized here. However, we simply cannot extrapolate from these, or any other convenience samples, to an overall fact about the average age of entry into prostitution.

Summary of Findings

AGE OF ENTRY INTO THE SEX TRADE

Many research studies show large percentages of participants entering the sex trade before they are 18 years of age.

- 3% of women in a Chicago study first exchanged sex for money before they were 11 years old. An additional 33% did so between the ages of 12-15.\(^1\)
- Several studies have found that girls of color enter the sex trade at an earlier age than white girls in research samples.\(^{ii,iii}\)
- Research has found that a majority of individuals in the sex trade have been victims of childhood sexual assault. In 21 studies on prostitution, the lowest percentage of women found to have been sexually abused as children is 33%,
with a high of 84%. Please refer to the fact sheet “What We Know About Victims of Trafficking” for specific findings.

- For comparison, multiple research studies support the finding that the prevalence of childhood sexual abuse of girls in the general U.S. population is 9.6%. Thus, the prevalence of childhood sexual abuse in samples of prostituted females is three to nine times higher than that of the general population.

CHILDHOOD SEXUAL ASSAULT AND PROSTITUTION

The link between childhood sexual assault and entering prostitution is clear. However, many child sex abuse victims do not become involved in prostitution. Several studies have found that childhood sexual assault is not an independent predictor of initiation into the sex trade.

- Research suggests that running away from home, or homelessness, may be an intervening variable, combining with early childhood sexual assault to create the conditions for prostitution entry.

- One study determined that a significantly greater proportion of prostituted youth who were sexually abused could be classified as runaways (87% compared to 61% of sexually abused youth who were not prostituted).

HOMELESSNESS AND PROSTITUTION

Indeed, several studies have found that those who entered the sex trade at a younger age were more likely to have run away from home or been homeless than those who entered the sex trade as adults.

- Several studies confirm links between childhood sexual abuse, being homeless, and involvement in the sex trade, often as a way to procure money for food, shelter, and drugs.

- Among homeless adolescents in one study, researchers found that gay males and heterosexual females were the most likely teens to engage in “survival sex.” N.B. There is very little reliable data on transgender people, and little on gay and lesbian people at this time.
SUBSTANCE ABUSE AND PROSTITUTION

Multiple research studies confirm that drug and alcohol use, abuse, and addiction are quite common among those in the sex trade industry.\textsuperscript{xii}

- Research also confirms that drug/alcohol use and abuse can both precede a woman's entry into the sex trade, and develop as a consequence of involvement in the sex trade. In other words, some people enter the sex trade to pay for drugs; others consume drugs to cope with their involvement in the sex industry.\textsuperscript{xiii}

- Those who enter the sex trade as juveniles have been found, in multiple studies, to start drug use at a younger age than those who enter as adults. However, juveniles were found to start after they entered the sex trade, whereas adult drug users in the sex trade began drug use prior to entering the industry.\textsuperscript{xiv xv}

- There has been some speculation as to whether drug use is more prevalent among those who are involved in the sex trade in the streets, versus those who are involved in indoor venues. Although on the whole there is very little research, a few studies indicate that substance abuse in indoor venues may be as much of a problem as it is on the street.\textsuperscript{xvi xvii xviii}
Detailed Findings and Discussion

AVERAGE AGE OF ENTRY

It will never be possible to answer the question about the average age of entry into the sex trade in the U.S., since we cannot construct a representative sample. Many research studies are done among young people who are in custody or in social services programs, because they are “convenient”: we can find and interview them. This is one reason why the average age of entry cited in many research studies is 12-14. An average age of 14 can come from a sample of girls 16 or younger; since the sample is made up of quite young people, it will be lower than the average age of entry in samples containing older girls and women.

Nonetheless, it is important to note that all research studies show large percentages of participants entering the sex trade before they are 18 years of age.

Women Who Entered Prostitution Prior to 18

Those entering the sex trade as juveniles appear to start very young. When researchers questioned women, all of whom had begun in prostitution before age 18, they found that almost two-thirds began their regular involvement when they were fifteen years old or less. Over a third were between the ages of 11 and 13, and another third were between 14 and 15.


Juveniles in Prostitution

In a sample of 44 juveniles ranging in age from 13 to 18 years of age in prostitution, 89% were 16 or younger when they began.

Women in the Sex Trade in Chicago

Research with a sample of 222 women in the sex trade industry in Chicago found that three percent reported they first exchanged sex for money before they were 11 years of age. Almost 33% first exchanged sex for money between the ages of 12 and 15.


RACE/ETHNICITY

In several research samples, findings showed that girls of color began in the sex trade earlier than others in the sample.

African American women in Cook County Jail

African American women in one Cook County jail sample entered prostitution earlier than the other women in the sample.


Victoria, British Columbia Research

Researchers in Victoria, B.C. found that the female respondents’ median age of entry was 18 years, with that of Aboriginal women still younger at the median age of 17.


Women Who Entered Prostitution Prior to 18

Although there were no differences in the average age of entry in prostitution in another Canadian sample, Aboriginal respondents were significantly more likely to be involved in prostitution for longer lengths of time.

ENTERING THE SEX TRADE AS AN ADULT VS AS A CHILD

Researchers have also found differences between adult women who first traded sex as a juvenile and those who began as adults.

Women in the Sex Trade in Chicago

In a sample of 222 adults currently in prostitution in metropolitan Chicago, “early starters,” those who first traded sex before the age of 15, were more likely to have run away from home, used drugs or alcohol as a teen, grown up with someone who was involved in prostitution, been involved in a wider range of prostitution activities, have greater health problems as adults, and were less likely to graduate from high school.


Minneapolis Study of Women in the Sex Trade

In research with 103 respondents in Minneapolis, the median age of juvenile “starters” in the sex trade was 15 years of age and for adult “starters” it was 22 years of age. Juvenile “starters” were more likely to have reported running away from home and to have used drugs at an earlier age. Participants who first traded sex as adults were 3.44 times more likely to have used drugs prior to first trade compared with those who first traded sex as youth, indicating that involvement in the sex trade for the older starters may have been prompted by the need for money to buy drugs.


Vancouver, Canada Research

In a sample of almost 200 women in Vancouver, the average age of entry into the sex trade was 16.98 years of age.

Leonard Cler-Cunningham,(2001). Violence against women in Vancouver’s Street Level Sex Trade and the Police Response, report,
CHILDHOOD SEXUAL ASSAULT AND PROSTITUTION

Women Involved in Street Prostitution, 2003
In a sample of 43 women involved or formerly involved in prostitution on the streets recruited via multiple methods (word of mouth, enrolled in an intervention program, and incarcerated), 74% reported experiencing childhood sexual abuse. For eight women, molestation began during infancy or before age three.


Miami Research with Prostituted Women
In a large sample of 294 prostituted women on Miami’s streets, 70.4% were sexually abused as children.


Women in Street Prostitution, Washington, D.C.
Forty four percent of a sample of 100 women in street prostitution in Washington, D.C. reported unwanted sexual contact as children.


Adolescents Involved in Prostitution
Sixty eight percent of 45 adolescents involved in prostitution were sexually abused in childhood.


Florida Women Involved in Street Prostitution
Sixty nine percent of a sample of 102 women in prostitution on the streets in Florida said they had been sexually abused as children.

Adolescents Involved in Prostitution

Researchers compared the characteristics of 45 female adolescents in the sex trade with 37 female adolescents not in prostitution, recruited from similar racial and family socio-economic backgrounds. Sixty-eight percent of those in the sex trade industry were victims of childhood sexual abuse, while 57% of those not in prostitution had been affected by childhood sexual abuse. This is a small difference. In both groups the perpetrator of the abuse was reported to be a family member. The average age of onset of the victimization was 7.8 years for the prostituted girls and 6.6 years for those not in the sex trade. However, a significantly greater proportion of prostituted youth could be classified as runaways (87% of prostituted youth compared to 61% who were not). Running away, or homelessness, may be an intervening variable, combining with early childhood sexual assault to create the conditions for prostitution entry.


HOMELESSNESS AND PROSTITUTION

The connections between prostitution and homelessness are self-evident. Homeless individuals may trade sex for money, food, shelter, alcohol, or drugs. While on the streets they may also be prey to pimps and traffickers who recruit them into the sex trade, or to customers who proposition them for paid sex.

N.B. Research in this area does not produce necessarily accurate results. Researchers usually obtain access to youth on the streets or in youth shelters. Those under the control of a pimp/trafficker will not be available to researchers at these locations. The figures produced by this research thus cannot be said to be in any way definitive.

In-Depth Interviews With Homeless Youth in the Midwest

Forty homeless youth in several Midwestern states participated in in-depth interviews in homeless youth shelters and on the streets. Seven youths (18%), all female, in the study had direct experience with trading sex for food, shelter, money, or drugs. Six of the young girls were coerced or pressured to trade sex by boyfriends or female friends.
In quite a few studies, between 10% and 20% of homeless youth interviewed in social services settings or on the street have been found to have traded or been selling sex. Two research examples suffice here to demonstrate the finding.

Research with 372 Homeless Youth

A total of 372 homeless youth were interviewed, half male and a median of 17 years of age, in Seattle. Eleven percent of the adolescents reported trading sex at least once.


Homeless Young Adults in Three Midwestern Cities

One hundred forty-four homeless young adults were interviewed in three Midwestern cities. Sixteen percent reported selling sex and 32% had friends who have done so.


Researchers have also confirmed earlier findings about the relationship between childhood sexual assault, homelessness, and sex trade involvement.

Interviews With Homeless Females in the Midwest

Interviews with 361 homeless females were interviewed in the Midwest. The median age at the first time they ran away was 14 years. Thirty-two percent had been sexually abused while still living at home. Researchers found that young women from sexually abusive family backgrounds were likely to have spent a greater portion of their time on the streets as compared to their non-abused counterparts. Young women who were previously sexually abused were also more likely to have engaged in trading sex. Age by itself positively predicted sex trading; older adolescents were more likely to have traded sex for food, shelter, money, or drugs compared to their younger counterparts.

**Correlation Between Runaway Episodes and “Survival Sex”**

In another research study Tyler et. al. found that participation in the sex trade correlated with a great number of runaway episodes for homeless youth.


**Female Homeless and Runaway Youth - 2004**

Three hundred sixty-one female homeless and runaway adolescents from five Midwestern cities were interviewed in a 2004 research report. Thirty-two percent said they had been sexually abused by adult caretakers. Those abused were more likely to run away from home at an earlier age and spent more time on the street. They were also more likely to trade sex for food, money, shelter, and drugs.


**Montreal Female Youth Living on the Streets**

In a study of 330 female street youth in Montreal, in a sample that contained both those in the sex trade and those not, large percentages of those not in the sex trade were victims of childhood sexual assault (63%). In this sample, childhood sexual assault was not an independent predictor of initiation into the sex trade. However, being on the street younger than 16 years old predicted prostitution involvement.

Homeless Adolescents in Eight Midwestern Cities

A large sample of 428 homeless adolescents on the streets and in shelters, ranging from 16-19 years old, were interviewed. Researchers found that gay males and heterosexual females were most likely to engage in survival sex. For each year of increase in age, the likelihood of engaging in survival sex increased 1.5 times. Having been sexually abused by a caretaker, and having spent time directly on the streets, each increased the likelihood by two times. Gay, lesbian, and bisexual runaways were more likely to have been sexually abused by caretakers than were heterosexual runaways.


Trafficking and Prostitution Among Homeless Youth in New Orleans

Among a convenience sample of 99 homeless youth ages 18-24 who were present at a shelter in New Orleans over four months in 2014 – 25% had participated in the sex trade. Eleven percent of the sample had been trafficked for sex.

Murphy, Laura T, Taylor, Rae, Bolden, Christian L. (2015). Trafficking and Exploitive Labor Among Homeless Youth in New Orleans, Modern Slavery Research Project, Loyola University, New Orleans

Trafficking and Prostitution Among Homeless Youth In New York City

Among a sample of 174 homeless youth aged 18-23 who attended a New York crisis center or drop in programs, researchers found that 20.1% had been trafficked for sex (12%) or prostituted (12%).

SUBSTANCE ABUSE AND PROSTITUTION

Only very small percentages of participants did not use alcohol or drugs while engaged in prostitution, in research samples with women in the sex trade industry.

There are two research issues to bear in mind when considering these findings.

First, it is important to remember that most research with girls and women in prostitution occurs with individuals in street venues, as it is difficult and often impossible to obtain access to those who operate indoors. A few research studies with women in indoor venues do find similar addiction to alcohol and drugs. Furthermore, obtaining access to girls and women in the sex trade industry under control of a pimp/trafficker is difficult, so these research samples may underrepresent these individuals.

A second research issue involves sequencing: do women and girls become involved in prostitution to make money to support a pre-existing addiction, or do they turn to alcohol and other drugs after being active in the sex trade industry to cope with the trauma related to prostitution? Research has well established the existence of both scenarios.

Drug Use by Prostituted Women on the Street in Miami

In research with 294 women on the street in Miami, researchers found that 78% used crack, 37.4% cocaine, and 20.1% heroin. Alcohol was used by 75% of the women.


Drug Use Among Women in the Minneapolis Sex Trade

In research with 117 women in Minneapolis, 87% of those who started in the sex trade before the age of 18 and 80% who began at 18 years or older were drug users.

Chicago Women in the Sex Trade

In a Chicago study of 222 women in the sex trade, 100% of the women used drugs and alcohol while on the streets.


Women Involved in Street Prostitution, 2003

Among a smaller sample (43 individuals) of women in the Midwest, 95% reported routine drug use.


Phoenix - Research with Females in Diversion Program

Research with 389 female attendees of a city-sponsored diversion program for adults arrested for prostitution in Phoenix, Arizona between the years 2004 and 2006 found that 41% were using crack/cocaine, 39.8% alcohol, and 29% other substances, including speed and heroin. These individuals were involved in a variety of indoor and outdoor prostitution venues.

Clarke et. al. (2012). Age at Entry into Prostitution: Relationship to Drug Use, Race, Suicide, Education Level, Childhood Abuse, and Family Experiences. Journal of Human Behavior in the Social Environment 22 (3). [No pages–this is an online publication]

African-American Women Addicted to Crack Cocaine

Researchers interviewed 203 urban African-American women in two drug treatment programs in two large metropolitan cities. All of the women were addicted to crack cocaine but not all were active in the sex industry, enabling researchers to compare the drug use of both groups. They found that the women in prostitution were more severely addicted than those who were not prostituted, and they were using a greater number or drugs to cope with experiences associated with prostitution, specifically feelings of guilt and sexual distress.
Research studies establish the existence of two scenarios: women and girls become involved in prostitution to make money to support a pre-existing addiction. In addition, women turn to alcohol and other drugs after being active in the sex trade industry to cope with prostitution.

**Jailed Women in Chicago**

Researchers with a large sample of female jail detainees in Chicago between 1991 and 1993 concluded that drug abuse was as likely to follow the onset of prostitution as it was to precede it.


**Women Involved in Street Prostitution, 2003**

In a sample of 43 women in prostitution on the streets in a midsized Midwestern city, 95% were addicted to drugs, mostly alcohol and crack cocaine. 39% reported that they had turned to prostitution to support an established drug habit; nearly one in five (19.5%) said prostitution entry and drug abuse occurred simultaneously.


**Chicago Women in the Sex Trade**

In research with 222 women in Chicago engaged in the sex trade in a variety of indoor venues as well as outdoors researchers asked whether the women had stepped up drug usage during prostitution. The overwhelming majority increased drug usage during their time in the sex trade.

Exotic Dancers in Baltimore

Researchers in Baltimore interviewed 25 exotic dancers and 15 staff members in a Baltimore strip club. One third of the dancers said that drug use played a pivotal role in their initiation of dancing - a desperate solution for funding their drug addictions. The majority did not use drugs when they began to dance.


SUBSTANCE ABUSE IN PROSTITUTION: JUVENILE VS ADULT ENTRY

Drug Use Among Women in the Minneapolis Sex Trade

In interviews with 117 individuals in the sex trade, investigators found that participants who first traded sex as adults were 3.44 times more likely to have used drugs prior to first sex trade compared with those who first traded sex as youth. Juvenile starters first used drugs, on average, at an earlier age than adult starters did, but they tended to first use drugs after entering the sex trade. They conclude that drug use did not generally lead to sex trading for juvenile starters.


Phoenix - Research with Females in Diversion Program

Researchers who investigated 389 female attendees at a Phoenix, Arizona diversion program who were arrested for prostitution corroborated the finding. For early starters, age of entry and prostitution involvement were roughly similar, while for older starters, there was a ten-year difference between first drug use (18 years) and prostitution entry (28 years).

Clarke et. al. (2012). Age at Entry into Prostitution: Relationship to Drug Use, Race, Suicide, Education Level, Childhood Abuse, and Family Experiences. Journal of Human Behavior in the Social Environment 22 (3). [No pages: this is an online publication]

Women Arrested or Convicted for Prostitution Offenses

One hundred and six women either serving time or awaiting trial for prostitution offenses were interviewed in a northeastern city jail. The median age for first
paid sex was 18, but the median age for heroin use was 18.5, and 20 years for cocaine, indicating that serious drug addiction occurred after involvement in prostitution.


SUBSTANCE ABUSE AND PROSTITUTION IN INDOOR VENUES

As most research has been done with women engaged in street prostitution, the question is often asked whether substance abuse is as major a problem for women and girls working indoors - in escort agencies, massage parlors, and strip clubs. Although on the whole there is very little research, a few studies indicate that substance abuse in indoor venues may be as much of a problem as it is on the street.

Women Arrested or Convicted for Prostitution Offenses

Norton-Hawk found that the heroin-addicted women in her sample were more likely to have engaged in an indoor venue of the sex industry, such as stripping or escort services. Heroin-addicted women generally said that the reason they first sold sex was to finance their drug addiction, but the researcher found a difference between Whites and the African-Americans, the latter who turned to drugs only after being involved in prostitution.


Chicago Women in the Sex Trade

In a sample of 222 women in the sex trade in Chicago, no women involved in escort services or the streets never used drugs or alcohol during their involvement in the sex trade. Only 4.7% of exotic dancers were free of these substances during prostitution. On the contrary, the majority of women engaged in exotic dancing, escort services and street prostitution increased the frequency and/or the number of different substances used during their involvement.
### Exotic Dancers in Baltimore

Of the 25 exotic dancers and 15 staff members in a Baltimore strip club, marijuana was used by over one-third of the dancers and 20% of staff. One-fifth of the dancers and ten percent of staff reported current use of heroin or crack/cocaine.


### Mustang Ranch, NV Brothel Research

In her research at Mustang Ranch, a legal Nevada brothel, one researcher found that all the women were addicted to drugs, with “quite a few” embarking on their substance abuse once at the ranch.


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<table>
<thead>
<tr>
<th>Use During...</th>
<th>Exotic Dancing</th>
<th>Street Prostitution</th>
<th>Escort</th>
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<tr>
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<td>2.3%</td>
<td>1%</td>
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</table>


Clarke et. al. (2012). Age at Entry into Prostitution: Relationship to Drug Use, Race, Suicide, Education Level, Childhood Abuse, and Family Experiences. Journal of Human Behavior in the Social Environment 22 (3). [No pages: this is an online publication]


Violence Against Women in the Sex Trade
February 2017

Overview

In this fact sheet we provide information garnered from research with women and girls in prostitution. These research studies, and this fact sheet, do not differentiate among trafficked and non-trafficked individuals.

None of the findings can be construed to be true for the universe of women and girls in the sex trade industry in the U.S. for the simple reason that none of the research was done among representative samples. However, the characteristics of victims in these various samples are often similar, and there are no reliable data that contradict what these studies have found.

The facts and findings we have are based only on the “tip of the iceberg.” We can only measure what and who we can see. Who is missing from most of the research findings? We are missing, for example, those involved in some parts of the “indoors” sex trade, such as phone sex and call-out prostitution. As well, people who are so controlled by a pimp/trafficker that they cannot be interviewed, are not represented.

There are over 25 reliable research studies documenting the violence done to women in street prostitution. We have cited the most recent and those with the largest sample sizes. We are not summarizing all of the studies because the findings are so similar.
Summary of Findings

Research has conclusively demonstrated that women selling sex on the streets experience unimaginably high levels of violence.

- Several studies have found that 50–72% of women in street prostitution have experienced severe violence at the hands of buyers, pimps/traffickers, and police officers.\(^i\) \(^ii\)

- PTSD (Post-Traumatic Stress Disorder) rates among samples of prostituted women are also quite high. One study done in Washington DC found 42% met the criteria for PTSD diagnosis.\(^iii\)

- Women in prostitution experience many forms of violence including being beaten, threatened with a weapon, and rape.\(^iv\) \(^v\)
  - A New York study found that being homeless increased the likelihood of women in prostitution experiencing violence.\(^vi\)

- Research done in Chicago found that moving prostitution indoors does not make prostitution “safe.” The severity of violence in indoor venues in this study was high, and in some types of violence even higher than for street prostitution.\(^vii\)
  - 50% of escorts and 64% of those prostituted in the streets had ever experienced forced sex while involved in the sex trade, according to one study.
  - Similar percentages – 21-22% – of both escorts and those who were involved in street prostitution experienced forced sex ten or more times while involved in the sex trade.
Detailed Findings and Discussion

VIOLENCE IN STREET PROSTITUTION
There are more than 25 reliable research studies documenting the violence done to women in street prostitution in the U.S. We have cited the most recent and those with the largest sample sizes. We are not summarizing all of the studies because the findings are so similar. They do not expand or deepen the overall findings on this topic.

Miami Survey of Drug-Involved Women
In a research sample of 315 drug-involved females selling sex on the streets in Miami, Florida, 41.5% had encountered a violent customer in the past year, and 21% within the past month. 25% said they had been beaten in the last year, 14% had been threatened with a weapon, and 13% had been raped. 15% had jumped from cars and 24% ran away from violent dates.


Adult Women Involved in Street Prostitution
In a sample of 43 women on the streets 18 years and older, 72% relayed incidents of severe abuse suffered at the hands of their partners, clients, and/or pimps. Many reported having been beaten with objects, threatened with weapons, and abandoned in remote regions. Rape was commonly reported, and seven percent described being victims of gang rape.


Washington, D.C. Survey of Street Involved Prostituted Women
In a sample of 100 women on the streets of Washington, D.C., 42% met the criteria for PTSD. Sixty one percent reported being physically assaulted, nearly 80% reported being threatened with a weapon, and 44% had been raped in prostitution, with 60% of these rapes by customers.

Survey of Drug-Using Women in Harlem
This PTSD finding was corroborated in a study of 346 drug-using women in New York City’s East and Central Harlem, where it was found that women in prostitution had higher mean scores of psychological distress measured by two mental health indexes than those who were not involved.

Women in the prostitution sub-sample of drug using women had higher distress scores than did samples of psychiatric in- and outpatients.


Researchers have also found correlations of violence and history of childhood sexual assault and drug use.

Miami Survey of Drug-Involved Women
In one sample of 325 females selling sex in Miami, Florida, researchers found that the severity of childhood abuse history was consistently associated with more incidents of violence of all types in the past year.


New York City Street-Based Prostituted Women
In a sample of 106 women selling sex on the streets in New York City, more than 50% experienced physical or sexual abuse from customers. Being homeless significantly increased the risk of being abused by customers, and childhood physical abuse and childhood sexual abuse were both significantly associated with sexual abuse by customers, although current physical abuse from
customers was not. Injection drug use was positively associated with abuse from customers.


VIOLENCE IN INDOOR PROSTITUTION VENUES

Over the past 25 years, researchers have established that women and girls in prostitution experience violence from buyers, pimps/traffickers, and police officers. As researchers have more access to those selling sex on the streets, some have questioned whether these same levels of violence occur in indoor prostitution venues, where conditions are thought by some to be safer.

Existing research on women in the sex trade in indoor venues demonstrates that there is violence, but it can be of a different nature.

Comparison of Violence in Various Prostitution Venues - Chicago

A research sample of 222 women in prostitution in Chicago is one of the few research projects able to compare violence experiences across prostitution venues. There were some notable differences in the prevalence of the types of violence experienced in different venues. For example:

- Those selling sex on the streets had the greatest prevalence of being slapped, punched, hair pulled, kicked, clothes ripped, and threatened with a weapon.
- Being pinched and having something thrown at the women were most often experienced in exotic dancing.
- Being spanked was most prevalent in escort services.
- Rates of violence were significant in some indoor venues.
- However, researchers found that 50% of women in escort services in this study reported forced sex. And slightly over half of the women working as exotic dancers had been threatened with a weapon.
The chart below looks at some of the findings regarding the frequency with which women working in the sex trade experienced various types of violence in different venues.

Significant percentages of those who worked in indoor venues experienced violence frequently (10 or more times).

Looking at the frequency of the violence, 21% of women in escort services stated they had forced sex more than ten times, virtually the same percentage for women in the streets and in their own private homes.

Women in Strip Clubs – Minneapolis

Research with 18 women who worked in strip clubs in the Minneapolis/St. Paul area found that 100% of the women were physically abused in the clubs, ranging from three to 15 times, with a mean of almost eight occurrences in the course of their involvement in exotic dancing. Forty four percent reported that men in the clubs threatened to hurt them. The violence included attempted vaginal penetration with fingers (61%), penetration with objects (33%), and attempted rape (17%).


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